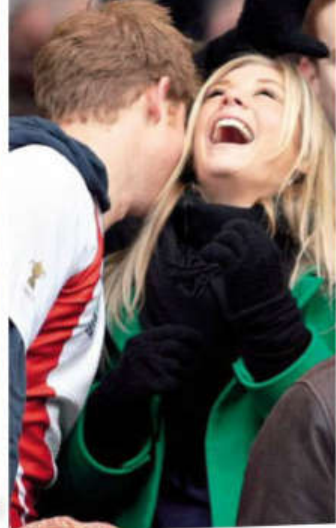


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GRAZIA

R22

23 September 2015
graziadaily.co.za



**OMG! HARRY
AND CHELSY:
IT'S BACK ON!**



**SHOCK!
BEN'S NEW
A-LIST LOVER**

REAL LIFE
**'I MAKE UP TO
R100K A MONTH AS A
SEX WORKER'**

CHARLIZE AND THE TOYBOY

**WHO'S HER SEXY
YOUNGER MAN?**



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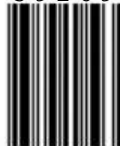
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FIND OUT WHO WON...
The *Grazia* Model Search competition, brought to you by Toni & Guy at Clicks, on pg 59.

104

Cover pictures: Gallo Images/Getty Images; Bianca Theron; Supplied.
This page: Bianca Theron; Roxanne Lindenbergh.

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FIND YOUR MOMENT #ckminute

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GRAZIA



September 23 2015

Welcome to our Big Fashion Issue! Jam-packed with more new-season fash than you can poke a stiletto at, this issue brings you everything from floral shoes (pg 34) to fash for less cash (pg 76).

It also seemed the perfect issue to unveil our winner of the *Grazia* Model Search competition. Earlier this year, Team *Grazia* got chatting about the possibility of launching someone's career through a model search comp. After all, that's how Charlize Theron and Miranda Kerr got their big break. So why not one of our readers?

We partnered with Toni & Guy at Clicks, and also Boss Models, to ensure that we left no stone unturned in our country-wide search for the next big thing in modelling.

I'm not exaggerating when I say we were inundated with entries. Our inbox went into meltdown mode as it was filled up with thousands of entries from all over South Africa. Thank you to everyone who took the time to enter.

We chose 20 finalists (not an easy task!) and our test shoots began. From Cape Town to Joburg to Durban, our finalists were given the all-star treatment in studios around the country.

Finally, we found our winner. As well as a year's worth of haircare products from Toni & Guy, she'll receive a coveted contract with Boss Models. And her first call of duty? A gorgeous shoot in this, our Big Fashion Issue. Check it (and her!) out on pg 59.

Until next week!

Kerrie xx

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THIS WEEK ON THE WEB

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latest celeb looks on Facebook/
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For the look of the day, head
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SHANINA SHAIK

Pictures: Instagram.com; Supplied; Gallo Images/Getty Images;
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ONLINE THIS WEEK

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THE FASHION CHARTS

This week, we hit fashionably HIGH NOTES in new-season WARDROBE WINNERS!

YES, EVERY ITEM FEATURED IN *GRAZIA* IS AVAILABLE THIS WEEK!



1

FEELING DIPSY

Upgrade your LBD to a summer-lovin' swing dress. Lpsy at Edgars, R1 399.



2

ALMOST FAMOUS

Channel Jackie O in a pair of oversized sunglasses. Chloé* at Moscon Optics, R5 000.



3

BLING BABY!

A bit of sunshine is just what the doctor ordered. Colette Hayman, R220.

4

ISLAND STYLE

A stylish addition for summer swims. Banana Moon, R2 412.





5

SPRING DROPS

Make these dangly earrings part of any outfit. River Island, R349.



6

BAG LADY

We can't believe this classic shoulder bag is only R240 from Exact!



7

BLOSSOM BELLE

You'll be wearing this floral dress all summer long. Zara, R759.

ONLY R80!

8

PAISLEY PLEASE

If you didn't get the memo, printed trousers are a key addition to your spring wardrobe. Mr Price, R80.



SHOP THIS ITEM ONLINE AT GRAZIADAILY.CO.ZA
ADD TO CART

9

BABY BLUES

We love the sophisticated shape of these baby blue heels. Zoom at Graziadaily.co.za. R499



10

RING-A-DING!

Mix your metals with a luxe ring stack. Mimco at Woolworths, R699.

STELLA TENNANT PHOTOGRAPHED BY ALBERT WATSON



PRINGLE
OF SCOTLAND

20 YEARS



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Her Majesty The Queen
Manufacturers of
Knitted Garments
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IT WAS
THE WEEK
THAT...

Hillary Clinton did the Nae Nae.

As with most awesome dance-related moments on TV, we have Ellen DeGeneres to thank for encouraging presidential hopeful and Democratic Party front-runner, Hillary Clinton, to get down in a royal-blue pantsuit to *Grazia's* summer jam, Silento's *Watch Me (Whip/Nae Nae)*. Good times.



Word of
the week

FUTURE-NANIGANS

When you plan a one-night stand a week in advance because, life.



SOUTH AFRICA INTRODUCED THE WORLD TO HOMO NALEDI.

Remains of the previously unknown relative of the human species were excavated by a team of female scientists working deep in a cave in the Cradle of Humankind. After two years of putting together 1 500 fossil fragments belonging to at least 15 individuals, US paleoanthropologist Lee R. Berger introduced *Homo naledi*, who was about 1.5m tall and had a brain about the size of an orange, to the world at a press conference at the Maropeng Visitor Centre in Mogale City, Gauteng.

**IT WAS
THE WEEK
THAT...**

'I have been so copied by those people who have made fortunes, that people assume I am that rich'
– Grace Jones talking about copycats in her biography, *I'll Never Write My Memoirs*

Overheard



A Hungarian camerawoman literally kicked people while they were down.

While covering the Syrian refugee crisis in Röszke, Hungary, Petra László was filmed by fellow journalists tripping a man holding a little girl and kicking a young girl as they ran to safety. Days after the footage went viral, Petra, who was fired for her actions, said in an open letter that she felt she was being attacked and had to defend herself.



WE COVETED THE HERMÈS APPLE WATCH.

Okay sure, there's lots to be excited about following the release of Apple's iOS software updates, new iPhones and advanced iPads. But the one item we're truly in love with is the Hermès Apple Watch. It features Belgian designer Martin Margiela's extra-long watch band, which has now become a Hermès signature. Want!



QUEEN ELIZABETH II BECAME THE UK'S LONGEST-REIGNING MONARCH.

Queen Elizabeth II has been on the throne for more than 63 years and 216 days, surpassing her great-great grandmother, Queen Victoria. The unassuming 89-year-old monarch thanked everyone at home in the UK and abroad after reaching the milestone, admitting it was "not one to which I have ever aspired".



68

thousand.
The number of tweets about Bonang Matheba after DJ Zinhle claimed that Queen B slept with her baby-daddy, AKA.

MANGO

PURE ROMANTICISM

Femininity in its purest state. Lacy garments with ruffles, in sheer and flowing fabrics are the 'it' items for Spring at MANGO.



1. BLOUSE R499 2. DRESS R649 3. DRESS R649 4. SWEATER R599 5. TOP R499 6. ONE-PIECE R799 7. JACKET R1199 8. JEANS R699 9. SHORTS MIMOSO R699

Meet the new...

Must-have GUESS handbags to own for summer!

SUMMER IS AROUND the corner, and we all know that this means it's time for new fashion-forward accessories. Look no further than GUESS' new Korry and Aliza handbags in the on trend colours of cognac and denim. Paired with GUESS' range of stylish watches, these handbags are the perfect finishing touch to your sexy summer wardrobe. ■

Wear your denim Aliza handbags with:



Aliza dome satchel, R2 199

Aliza medium tote, R2 299



R1 995



R3 395



R2 695



R2 995



Korry small classic tote, R1 699

Korry dome satchel, R1 899

Wear your cognac Korry handbags with:



R2 895



R2 995



R3 595



R3 295

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GUESS



Celebs tackle bullying

Ellen DeGeneres

"You can be funny and make people laugh without hurting someone else's feelings."



Will Smith

"Stop letting people who do so little for you control so much of your mind, feelings and emotions."



Taylor Swift

"There's something broken inside of bullies. Don't let it change you."



Angelina Jolie

"Different is good. When someone tells you you're different, smile, hold your head up and be proud."



Dear fat shamers...

Enough with the bullying, says Kerrie Simon-Lawrence

THERE HAS ALWAYS been bullying. It's just harder to escape it now. Once upon a time, the bullies were limited to when they had an audience, like the school playground or the office tea room. But now, thanks to the out-of-control animal that is social media, bullies *always* have an audience.

And as a result, we're being shamed for everything. There's "slut-shaming" (labelling of a woman based on what she wears or whom she chooses to sleep with), "mom-shaming" (judgment of a woman based on the way she chooses to mother her child, from whether she breastfeeds to whether she allows said tot to play with her iPhone), "gay-shaming" (based purely on one's sexuality) – and they've all reached fever pitch.

This week "fat-shaming" (the judgment of people based on their weight) took centre stage. Pretty petty, right? But also bloody hurtful.

It kicked off when Canadian so-called comedian Nicole Arbour released her now-viral YouTube clip *Dear Fat People*.

In the clip, she calls out overweight people as a collective, lazy drain on society. She encourages viewers to shame overweight people "for their own good".

One of her more jaw-dropping comments goes like this: "Shame the people who have bad habits until they f*cking stop. Fat shaming. If we offend you so much that you lose weight, I'm

okay with that." Er, what?

What terrifies me about this comment (other than its complete lack of intellectual understanding that a hell of a lot of people's weight has absolutely nothing to do with the food they put in their mouths: hello thyroid problems, insulin-resistant conditions, genetics and metabolism-damaging medication) is the total disregard for the effect this sort of shaming can have on young women.

Magazines can get a pretty bad rap when it comes to creating an unrealistic standard of beauty. There's photoshopping of stunning women to create an ideal that the average reader will never be able to achieve. It's something we've worked really hard to move away from at *Grazia*. Along with the celebs, we feature real women in every issue – real, beautiful women with curves and gorgeous imperfections (check out our Style Hunter feature on pg 42). We feature clothes that everyone can wear, regardless of their body shape. We do it because it's important to us that every reader sees herself reflected in our pages – and that she feels good about herself.

So my advice to you is not to Google Nicole Arbour's YouTube clip. She doesn't deserve the extra clicks. Rather, tell someone on the street that she looks fabulous. It'll cost you nothing, but it will make her day. I promise. ■

HOW DO YOU DEAL WITH FAT SHAMING? TELL US BY EMAILING US AT GRAZIA@GRAZIA.COM



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COUPLE SUNGLASS_001_LS99032 BLK (FEMALE) LS10060 GOLD-B (MALE)

This week, who we LOVE, want TO TWEET, and, yes, even ACTUALLY BE...

CHART OF LUST



1 UP Sia

The usually shy singer took to Instagram to announce she's five years sober. High-five, Sia!

Sia 5 years sober today. If you're newly sober, keep at it, it gets so so awesome. YOU CAN DO IT.



2 UP Emily Ratajkowski

She's our official new style crush. Even in a plain black shift and work boots, Emily totally rocks out.



3 UP Katie Holmes

...and Jamie Foxx. They've still not confirmed their relationship, but insiders say Katie wore a wig and hat for a night out with the actor in L.A. Loving it.



4 NON-MOVER Jennifer Lawrence

Proving she's just like us (except for, you know, the Oscar thing), Jen admitted that when she's suffering PMS, she Googles "ugly photos" of herself. Why Jen, why?

5 DOWN Caitlyn Jenner

During an appearance on *Ellen*, Caitlyn dropped the bombshell that she doesn't support gay marriage. Come on, Caitlyn!



6 UP Portia de Rossi

...and Ellen DeGeneres took couple dressing to a classy new high at New York Fashion Week.



7 NON-MOVER Jessica Simpson

Asked what her biggest financial mistake was, Jess blurted out, "My first marriage." Burn, Nick Lachey.



8 DOWN French Montana

Rather than bowing gracefully out of the Kardashians' spotlight after being dumped by Khloé, the rapper has reportedly asked Scott Disick to appear in his new music video.



9 UP Britney Spears

The singer announced she's extending her Vegas residency by two years. Hmmm, that gives us till 2017 to get there...



10 UP Gwen Stefani

She announced her split from hubby Gavin Rossdale several weeks ago. Now there are reports that she's romancing *The Voice* co-judge Blake Shelton – who split from his wife earlier this year, too.



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Words: Sonja Raath. Sources: RadarOnline; CelebDirtyLaundry.com; OK! magazine USA. Pictures: Gallo Images/Getty Images; Supplied.

CHARLIZE'S RISKY

Just four months after calling it quits with Sean Penn, Charlize Theron has reportedly moved on with notorious bad boy Jake Gyllenhaal. Is he the perfect rebound – or will he end up breaking her already dented heart?

WHEN CHARLIZE THERON, 40, ended her engagement to Sean Penn, 55, in May – she'd apparently had enough of his nasty temper and violent streak – the Benoni-born beauty turned to Jake Gyllenhaal, 34, for a shoulder to cry on. Didn't see that coming? Neither did we.

But considering they're two of the most eligible stars in Hollywood

and have been friends for over a decade, it kind of makes sense that Charlz and Jake got together. Still, Jake is hardly ideal boyfriend material. He has a reputation as a lothario of note and has a long list of failed relationships – in light of which, it's hard not to wonder if he is just going to end up hurting our already bruised golden girl...

UNDERCOVER LOVERS

Rumours first started swirling that Jake and Charlize were hooking up when onlookers spotted them dining together at a trendy LA sushi restaurant at the end of August. According to one eagle-eyed witness, "Their chemistry was obvious."

The source added, "Jake was touching her hand and smiling, making her laugh. It's clear they're more than just friends. There are definite feelings there."

And it seems their sushi date was just the beginning. Since then, the pair has been spending a lot of time together. According to another source, the long-time friends are finally getting to capitalise on emotions that have been bubbling under the surface for quite some time.

"There's always been an attraction, but the timing was never right," the insider said. "The romance is fresh, and they are having a blast so far."

The source also revealed that Jake has formed a close bond with Charlize's children, three-year-old Jackson and baby August – and is even helping the Oscar-winner adjust to life with a newborn again. Charlize adopted little August last month to coincide with her 40th birthday, and Jake is said to be staying with her in her Hollywood mansion to help take care of Jackson while she tends to the baby.



Since Charlize Theron and Sean Penn (above) ended their engagement, she's seen a lot of Jake Gyllenhaal (left and main pics), while Sean may be dating ex-wife Robin Wright, now split from Ben Foster (below left)

OLD DOG, NEW TRICKS?

Could Charlize and her young brood be the catalyst to make this leopard change his spots? We hope so – a cooler couple is hard to imagine. But it remains to be seen, of course. The sleepy-eyed actor has a pretty impressive track record of romancing some of Tinseltown's leading ladies... Is he ready to kiss his freewheeling ways bye-bye?

Jake's long list of past loves include Taylor Swift, Rachel McAdams, model Alyssa Miller and Dakota Johnson, whom he apparently dumped to be with Charlize. A trail of bitterness and tears has been left by his discarded conquests – remember how Tay-Tay wrote the song *We Are Never Ever Getting Back Together* allegedly in response to losing

her virginity to Jake and then being dumped shortly afterwards?

But another insider believes Charlize is different to his ex-girlfriends – and that their relationship therefore stands a chance. "She is strong, independent and straightforward," the source has insisted. "Jake never has to worry about drama with her."

And it seems the feeling is mutual, as Jake is the exact opposite of Sean. "The reason Charlize and Sean reportedly broke up was because of his temper and their constant fighting," the observer said. "Jake is much more laid-back. Sean was like a powder keg – you never know what might set him off. Jake is gentle, thoughtful and kind."

Here's hoping it proves to be third time lucky for Charlize... and, er, tenth time lucky for Jake. ■

NEW ROMANCE



SEAN MOVES ON... WITH HIS EX?

While Charlize is said to have found love with Jake, those close to Sean Penn say he is rekindling his relationship with his former nemesis, ex-wife Robin Wright, now that she's through with her fiancé Ben Foster.

SAY WHAT?

"All their friends and family are going to go into meltdown if they get back together, but Sean and Robin are talking every day right now," a

source close to the situation said.

"They're both going through heartbreaks, and they're leaning on each other for support... It's very clear he's making a bid to win her back."

According to the informant, Sean and Robin have known all along that the only reason they fought so much in the past was because they love each other so much: "She was always Sean's soulmate, and he says that's why they clashed so much. She gets him like no one else."



Now that Ben Affleck (far left) has split from Jennifer Garner (bottom left), he is free to chase his new co-star, Sienna Miller (left), who recently broke up with fiancé Tom Sturridge (above).

1 BEN'S NEW A-LIST SQUEEZE

THERE'S ANOTHER leading lady looming large in the life of newly single Ben Affleck – and you don't have to look far to see how much of a penchant Ben has for co-stars.

He has starred alongside and then dated the likes of Gwyneth Paltrow, Jennifer Lopez and, uh, Jennifer Garner, the mom of his three kids, whom he is in the process of divorcing.

Now Ben has turned his attention to Sienna Miller, his soon-to-be co-star in his next major production, an adaptation of the Dennis Lehane novel *Live By Night*.

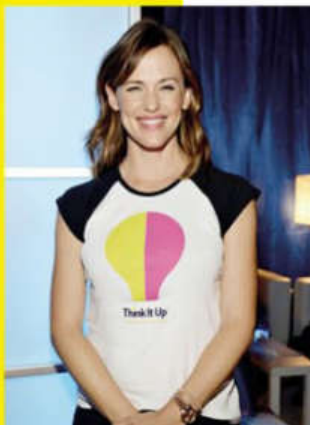
Filming has yet to begin, but rehearsals are in full swing – and Ben

is already starry-eyed about stunning Sienna. “Ben is really impressed with Sienna – he thinks she’s gorgeous,” an on-set source said.

Sienna also has a history of falling for her co-stars. She met and got engaged to Jude Law during the remake of *Alfie* in 2004, before cheating on him with another former co-star, Daniel Craig, in 2005. She basically admitted to this affair during last year’s *News Of The World* voicemail hacking trial, when she said: “Whether I was or was not in a relationship with Daniel Craig, it was never a relationship, it was a very brief encounter.”

Sienna also famously took a break from Hollywood in 2010, when her relationship with Balthazar Getty made headlines. Balthazar was married at the time to Rosetta, the mother of his four children. Though she didn’t share screen time with him, she did have her *Edge Of Love* co-star, Matthew Rhys, to thank for the introduction, as Matthew starred with Balthazar in the TV series *Brothers And Sisters*.

The timing couldn’t be more perfect for the pair, now that Ben and Sienna are both single – Sienna split from fiancé Tom Sturridge in July and the fling with Christine Ouzounian, the nanny Ben is said to have had a relationship with, is well and truly over. “Ben can’t believe how stupid he was to get linked to her,” a source said. “Christine has been calling his cell phone a lot, so he changed his number to get her off his back.” So we’re calling it. Say hello to Bienna. ■





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Are Prince Harry and Chelsy back on?!

2

WHILE OUR FAVOURITE naughty ginger has been busy working with animal conservation charities in Namibia, it seems he hasn't been too busy to make time for his ex Chelsy Davy, who has been spending time with her family in South Africa.

According to a source, Prince Harry invited Chelsy to join him at the tented camp he was staying at in the Namibian bush – and their chemistry was undeniable.

"Harry still holds a candle for her. Chelsy has his heart," the source revealed. "He has never fallen out of love with Chelsy. She's not like other girls – she's strong, independent and a rule-breaker. She does everything on her own terms."

It was Chelsy who apparently broke Harry's heart not long after he took her as his date to Prince William and Kate's wedding in 2011, with many

speculating that the trainee lawyer had been scared off by a life of royal obligation and duty.

Also, let's not forget that just after they broke up, Harry was pictured running around a Las Vegas hotel. Naked. But, despite all of that, the pair remained good friends.

And, for the first time in five years, Chelsy and Harry are now both single – at the same time.

Chelsy reportedly ended things with her rumoured fiancé, Charles Goode, in January this year while Harry called time on his two-year relationship with Cressida Bonas last April.

And it seems the 29-year-old socialite is willing to give things another go with Harry. But that doesn't mean she's forgotten what a life in the royal family would mean, as a friend of Chelsy's explained: "The royal wedding was a wake-up call for Chelsy.

It highlighted how she didn't fit in with Harry's family or the life that is already mapped out for him.

"Chelsy is a strong woman and a free spirit. While lots of girls dream of being a princess, she has no interest in that life. But they have both matured a great deal since they last dated, so who knows? However, I think Harry would have to make a lot of promises about how their life would be."

With the now 31-year-old prince scheduled to return to Africa later this year to help open a centre for HIV-affected children in Lesotho and tour South Africa for two weeks, there will be plenty of time for the couple to work out those details... ■

Prince Harry and Chelsy Davy have been spending time together recently, igniting rumours that they have rekindled their relationship.



it's not me
it's you



Are Selena and Demi falling off the wagon together?



3

IT'S BEEN JUST OVER A YEAR since Demi Lovato called time on her decade-long friendship with Selena Gomez by sub-tweeting – and quickly deleting – a photo collage of herself with the caption: “Swimming away. From your bullshit. Bye bitch.” She then promptly unfollowed Selena on Instagram and Twitter.

But just last week, the 23-year-old stars seemed to put the bad blood behind them by publicly declaring their love for one another.

Selena went first, gushing about Demi in an interview during New York Fashion Week. “We went to dinner about two weeks ago. I love her. She’s like family at this point. It’s just nice to see people who you grew up with succeed.”

Demi followed with a selfie of the pair on Instagram, and wrote: “Look at how #coolforthesummer we are. Friends for years, #sameoldlove.”

At the time of their falling out, rumours swirled that recovering addict Demi was worried about Selena’s volatile relationship with her then-BF Justin Bieber – and the toll her partying was taking on her health.

But an insider is claiming there is more to this BFF reunion than meets the eye. “Neither one of them is sober now. Demi finds it hard to be judgmental about

Selena now that she’s partying herself. She figures if she’s going to fall off the wagon, she might as well hang out with Selena again.”

And it seems Selena’s party-girl habits are worse than ever. “She is drinking from 2pm until she passes out late in the evening,” a close source admitted. “She’ll make strong punches and say they’re for parties, but they’ll be gone the next afternoon. Or she’ll order a round of shots ‘for her friends’, then drink them all herself. She knows she needs help but is terrified about word getting out to her fans.”

It’s pretty bad news for Demi, especially as she celebrated her third year of sobriety in May. She gave credit to her on-again/off-again fiancé, Wilmer Valderrama, in an Instagram post: “After sharing my ups, putting up with my downs and supporting my recovery... he still never takes credit and I want the world to know how incredible his soul is. I really wouldn’t be alive today without him. I love you Wilmer.”

It seems neither is willing to admit she needs help. Selena fears another public trip to rehab could hurt sales of her new album, and Demi is worried she’ll lose too much face after being so public about her triumph over booze and drugs. Not good news for either of them. ■

Last year, Demi Lovato (top right) and Selena Gomez (top left) ended their friendship after Demi posted (and deleted) a tweet aimed at Selena (above centre). However, it seems the singers are besties again – Demi posted a pic of the two of them together on Instagram (above) – but insiders allege it’s because they have fallen off the wagon and are partying together



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YOU LOOK DELICIOUS!

4

THIS WEEK, WE'VE spotted a veritable buffet of cute, quirky accessories and clothing pieces, inspired by our favourite pleasure – food! Fashion's tastemakers have decreed that we'll be wearing our favourite foodstuffs – from ice cream cones to burgers – on our sleeves, and our chests, soon. ■



Shirt, Natasha Zink at Farfetch.com, R6 283



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Top, Belovedshirts.com, R400



iPhone cover, Superbalist.com, R199



Unilever



BODY WASH WITH PERFUME THAT LASTS
UP TO 8 HOURS

Just a little **LUX**



GRAVE CONCERNS for Gavin and Scott

GAVIN ROSSDALE and Scott Disick each have a history of substance abuse. And now that they have both recently split from their high-powered partners, many fear they could be partying themselves into an early grave.

When Gavin and Gwen Stefani announced they were to divorce after 13 years, there was a tidal wave of allegations claiming the musician had cheated on his wife. However,

lost in the noise of the scandal was the downward spiral Gavin has embarked on.

"A lot of the issues Gavin had with Gwen were a result of his drug use," a source said. "He went to rehab several times during the marriage and would come out a changed man. Gwen was convinced things would be okay. But he would inevitably relapse and the whole cycle would play itself out again."

Now, with a divorce looming and Gwen no longer keeping him in check, Gavin is apparently using more than ever.

"It's now at that point where if he doesn't go to rehab, he is in danger of killing himself," the insider added.

The same apparently goes for Scott Disick. Ever since Scott and Kourtney Kardashian called time on their decade-long relationship a few months back, the actor has been spinning out of control.

"All Scott's long-time friends are really worried about him," a friend said. "He's using a lot because he doesn't have his usual friends with him reminding him how much he has to live for. He's truly all alone."

Another source added: "Ever since Scott and Kourtney broke up, he's been in constant party mode. Everyone is scared he will overdose and die. The Kardashian family has been on 'Scott watch' for years now, especially after he almost died last year in Southampton, England. He has already lost his family, and if he keeps going this way, he will lose his life."

"Scott's in a classic shame spiral right now. He knows he's screwing up, and he knows what he needs to do. He has people telling him to go home and work things out, to stop this behaviour and move forward. But he's not doing it."

Sounds like Gavin and Scott both need help urgently. Hopefully, someone can talk some sense into them before it's too late. ■

Sources are claiming that both Gavin Rossdale (above left) – after his split from wife Gwen Stefani (right) – and Scott Disick (above) – after his break-up with Kourtney Kardashian (right) – have been partying hard again



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Nicole Mancini, *Expert Perfumer*



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4. Spread lather all over and enjoy the bold perfume
5. Go out and conquer the world for the next 8 hours!

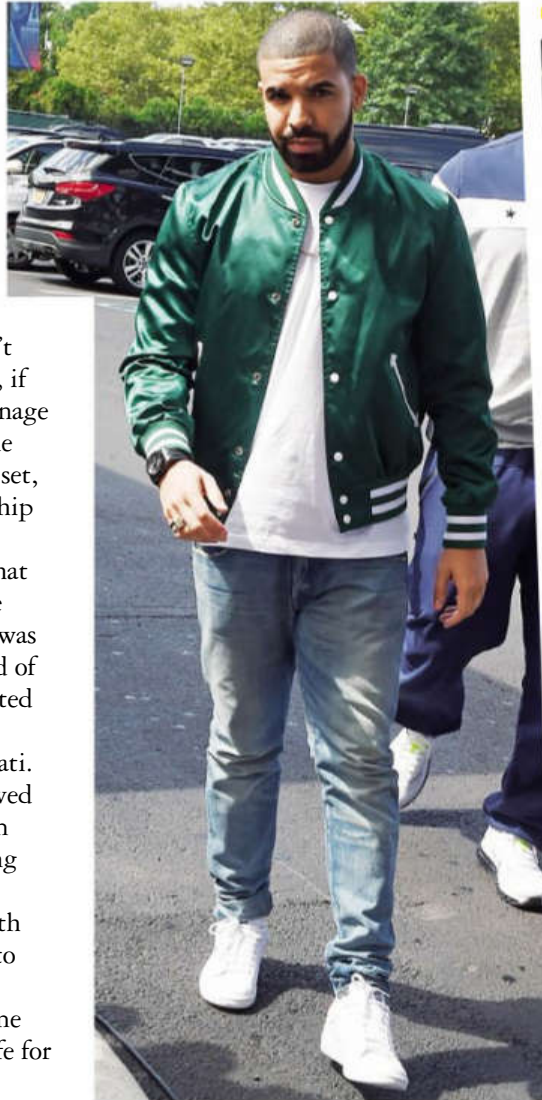


WHAT SERENA WILLIAMS doesn't know can't hurt her, right? Well, if her new beau, Drake, doesn't manage to control his alleged posse of side chicks, we may be calling game, set, and match on the pair's relationship sooner than we think.

After months of speculation that Drake and Serena might be more than just friends, their flirtation was finally confirmed towards the end of last month, when they were spotted playing tonsil-hockey at Sotto restaurant in downtown Cincinnati.

Just last week, the couple proved they were still very much an item when Drake was snapped cheering her on at the US Open semifinal. He was later pictured leaving with Serena after her unexpected loss to Italy's Roberta Vinci.

While fans were quick to blame Drake's role in the tennis pro's life for



Drake: juggling Serena and his 'side chicks'?

Even though Drake (above left) appears to be dating Serena Williams (above right), sources say the rapper is already two-timing her with girls he keeps on the side.

her surprising defeat, saying that he's a distraction, those close to the situation say it's a lot worse than we think.

The 28-year-old rapper has always been a notorious ladies' man, but it appears his playboy lifestyle may finally be coming back to bite him where it hurts. A source revealed that ever since photos of him kissing Serena, 33, started circulating, Drake has been struggling to make things right with his "side chicks".

"Drake getting caught with Serena really ruined his game with the plethora of girls he has at his disposal,"

said the insider. "Before her loss, Serena asked Drake to stay away while she attempted to win the Grand Slam. During that time, he was caught with his pants down trying to make it right with Serena and his side chicks at the same time. His playboy lifestyle bit him in the ass – and now he is trying to clean up the mess."

If there's one thing we know about Serena, it's that she's not to be messed with. Considering how she handles a racket, if Drake *has* been playing her this whole time, we hope for his sake she never finds out... ■

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WISH
LIST

Words: Caylee Pharoah. Pictures: Mondadoriphot.com; Supplied.



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THREE'S A CROWD!



THE COUPLE: Kim Kardashian and Kanye West

THIRD WHEEL: Kris Jenner
Whether it's sitting next to the world's most photographed couple at Fashion Week, or trailing behind them on a shopping trip, Kris is glued to the pair – making her an extra guest on most of Kim's public dates with hubby Kanye.

WE'VE ALL BEEN THERE – the third wheel on our BFF's date. It's not the most comfortable of situations. They only have eyes for each other, while you begin to wonder how rude it would be to excuse yourself to use the bathroom – and never come back.

Turns out that third wheeling isn't just limited to us mortals. Introducing the highest-ranking celebrity date crashers. And call us misinformed, but they don't really seem to be hating it... ■

THE COUPLE:

Gigi Hadid and Nick Jonas

THIRD WHEEL:

Karlie Kloss

Even beautiful supermodels can suffer third-wheel syndrome. Case in point: Victoria's Secret Angel Karlie, who's been spending a heck of a lot of time hanging out with BFF Gigi and her new squeeze Nick.



THE COUPLE:

Vanessa Hudgens and Austin Butler

THIRD WHEEL:

Sarah Hyland

The Modern Family star captioned a pic of her alongside the couple: "Always happy to be third wheelin' it with you love birds. No matter how awkward." Shame.



THE COUPLE:

Taylor Swift and Calvin Harris

THIRD WHEEL:

Ed Sheeran

Tay-Tay and Ed have been friends forever. They reportedly even have an "If we're not married by 35, we'll marry each other" pact. So it's no shock Taylor invited Ed on a date with her newish man Calvin. Hedging your bets?



THE COUPLE:

Bradley Cooper and Irina Shayk

THIRD WHEEL:

Gloria Campano

Bradley and his mom are super-close. In fact, the 40-year-old star still lives at home with Gloria. This might be why he invited his mom to his beach date with new girlfriend and *Sports Illustrated* model Irina. Awks with that bit of bum showing.



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9

THE IRAQI WOMAN WHO KILLED AN ISIS COMMANDER

NOT MUCH IS KNOWN about the woman who fatally shot a high-ranking ISIS commander, who goes by the name Abu Anas, near the ISIS-held Iraqi city of Mosul last week.

But three months after she was captured by Abu Anas, given to his followers as a “gift” and forced into sexual slavery, the woman exacted her revenge.

And in doing so, she has helped to achieve some form of vengeance for the hundreds of Kurdish-Yazidi women and girls like her, who, according to a recent Human Rights Watch report, have been systematically raped, brutalised and murdered by the Islamic State militants since reports of their actions first surfaced in August last

year. Her revenge was especially sweet since, according to some in ISIS, if a woman kills you, you go to hell.

Just two days before she pulled the trigger, reports surfaced that ISIS militants had brought more non-Iraqi women to Mosul to be used as sex slaves following an order by Ibrahim al-Samarrai, the regional ISIS leader.

Zainab Bangura, the UN secretary-general on sexual violence in conflict, revealed that ISIS militants regularly capture Yazidi women and send them to slave auctions where the girls are sold naked, and ISIS leaders are given first pick. Each purchaser typically keeps these women for three or four months before selling them off again. One girl whom Zainab spoke to said

she had been traded 22 times and had the name of her original “owner” on her hand to prove that she was his property.

Last month, 15 women were reportedly executed at the Ghazlani military base for refusing to marry ISIS militants. And in July, Hana Nawafli, a spokeswoman for the Iraqi Observatory for the Defence of Battered Women, revealed that ISIS had been responsible for the gang rape and murder of seven women in Fallujah, just west of Baghdad.

According to a recent study by Oxford University, ISIS has been using the rape and sexual slavery of these women as a propaganda tool to recruit men from the more conservative Muslim societies where casual sex is forbidden. They’re able to justify these actions by arguing that the Yazidi are polytheists, and therefore fall outside of Islamic rule.

So, while this as yet unnamed woman’s victory may be sweet, experts warn that it will be all too brief – she’s believed to be a part of the Yazidi-Kurdish minority and one of the fighters from the all-female militias who have taken up arms against ISIS, so she will most likely be subject to ISIS’ worst treatment. ■

Words: Guinevere Davies. Sources: Deathtaximag.com; Jezebel.com; lbimes.co.uk; Independent.co.uk. Picture: Gallo Images/Getty Images. Image is for illustrative purposes only.



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5



6



10

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WISH LIST

7



10



9



8



12



11



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2. Mr Price, R140
3. Ted Baker at Stuttafords, R4 200
4. Zara, R759
5. Fashion Express, R69
6. Superbalist.com, R449
7. Temperley London at Net-a-Porter.com, R59 150
8. Karen Millen, R4 100
9. Dune London, R1 600
10. Jet, R90
11. Asos.com, R630
12. Temperley London at Net-a-Porter.com, R35 760

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STYLE HUNTER

This week, we rounded up some favourite looks spotted around UCT campus and Rosebank in Jozi



KATHERINE HARRIS, 19

BA student

'I like to express myself'

BLAZER:

The classic style of Katherine's blue blazer sends us back to school days!

STOCKINGS:

Play with proportions, and wear knee-high stockings with a short skirt.

BAG: The retro shape of the bag adds a whole lot of cool to her look.

MANTHE RIBANE, 26

Conceptual artist

NECKLACE:

Allow your inner goddess to glow with a gold neck piece.

BAG: We love how Manthe makes use of colour to add that wow factor to her ensemble.

LONGER-LENGTH SHIRT:

Shape up with geometric prints this season.

'Transcend with your style'

We get schooled in the new cool looks for now

'I like to keep it casual and chic'

MUTSA MUTENDI, 24

Master's student



T-SHIRT:
This summer, get yourself a printed tee.

HEADBAND:
Matching the bright headband with her backpack keeps this look contemporary.

JEANS:
Boyfriend jeans are here to stay. Mutsa styles hers by turning up the hem.

'I keep my look fun, and I love good accessories'

ADELAIDE LANG, 19

BA student



HAT: Add the finishing touch to your look with a floppy felt hat!

COAT: Adelaide has nailed trans-seasonal dressing with this lightweight trench coat.

BOOTS: A pair of Chelsea boots will last for seasons to come. We love that Adelaide's accessories match.

FOLLOW @GRAZIASAMAG ON TWITTER TO FIND OUR STREET STYLE TEAM!



'I earn up to R100 000 a month from sex work'

With human rights organisation Amnesty International calling for the global decriminalisation of prostitution, Joburg-based escort Valentina* tells *Grazia* why we should stop stigmatising sex work

I CAME INTO THIS INDUSTRY

almost five years ago. It was a complete accident. I was on the verge of bankruptcy in 2011, and my neighbour, a Brazilian woman whose daughter was friends with one of mine, listened to me complain about money troubles and said, "Come to my place of business – and everything will be solved."

So I did. And it turned out she was working a very high-end exclusive "massage" parlour. The world of sex work was unknown to me – when I walked in, I was expecting an 18th-century brothel, but it wasn't like that. All the girls were dressed normally. Okay, maybe a bit sexier than normal, but they would sit in a bar and wait for a client to choose



experience for the men paying for my services.

My first appointment was with somebody I knew, who was incredibly handsome and whom I liked. So it was easy for me – I felt fantastic. And I still do. All the clients I see are guys I'd be attracted to if I saw them in the street. But I like to think I can find something attractive in everyone I meet.

My point of difference? My appointments are more like dates than fast sex. I advertise my services online. I offer two to three hours of my time, where I make dinner. I pour a couple of glasses of Johnny Walker Blue, and it's like any other date. I know I'm the only one doing this, just by reading the forums. If you want to succeed, you need to differentiate yourself from the rest. I can make anywhere from R40 000 to R100 000 a month.

But like I said at the start, this career wasn't planned. I had been married for 15 years; I had two daughters and owned several restaurants in Joburg with my ex-husband, who is still my very best friend. It was just that our relationship became more like a brother and sister. We stayed business partners after the divorce, but those businesses



them. They'd have a drink at the bar and chat, and after a few minutes they'd disappear into a room together.

Eventually, I worked up the courage to ask if I could go into one of the rooms to watch. I wanted to see exactly what went on. I learnt it's not easy money, but it is quick money. And when I realised how much this venue was charging, and

what quality of service they were offering, I knew there was a lot more money to be made.

Honestly, what you see in most massage parlours is like a McDonald's drive-thru. I felt so bad for the guys – after the promise of an hour's service, they're given a 20-minute "massage" and sent on their way. I vowed to make it a much better

« When I told my family I was going to work in the sex industry, they actually laughed at me and asked, 'What do you know about sex?' »

went bankrupt after my ex-husband had a stroke and people took advantage of him. We lost everything.

When I told my family I was going to work in the sex industry, they actually laughed at me and asked, "What do you know about sex?" My children were still very young – 15 and ten. So of course, I didn't tell them I was an escort myself. Now my eldest is almost 20. I still tell them, "Look, I have an investment in the sex industry." But I don't go into details.

I've been single since I separated from my ex-husband, and I will stay that way as long as I'm in this business. Even though I work under the pseudonym Valentina, I do show my face in my ads. After I first showed my face, I became one of the highest-rated escorts in South Africa.

But a lot more people recognise me. In the beginning, I didn't have a problem being in public places. But this year it has started getting to me. I've had men pass me by while I'm out eating with my family and elbow me with a knowing wink. Or point at me. Or stop with their trolleys in a grocery store and stare at me. Never while out with their wives, of course.

Before I showed my face on the forums, I had an encounter with a very powerful businessman I knew well through my sister. He just showed up to my door one day. And I know his wife. And his dogs! And he's an amazing man who adores his wife. But after 20 years, I guess the marriage had become sexless.

I see that happen a lot in this industry too – married men who are just looking for an hour of sexual release, and for them, it ends there. They still love their wives, but they can't deny their urges. As far as I'm concerned, it's better they sleep with an escort than form an emotional attachment to another woman.

This is just a business – but it's still quite difficult for some people to



accept... Everybody has different ideas about the morality of it.

It can be a painful subject to talk about. I think if we decriminalise it, the drug use and destructive lifestyles of many women within the industry will lessen. When you're able to use the money you earn to buy your own house, to put your name on the title, you're someone. If you don't pay taxes, you can't open a bank account and you can't explain where all the money you make comes from, so you leave yourself open to being taken advantage of by someone who does all those things for you, because you tell yourself you're nothing without them. In my opinion, most of the girls in the sex industry have very low self-esteem. Their victim mentality doesn't help them. It's rampant.

This is very good money. Even if we paid tax, it would still be good money. If you're single and you don't have children, you can make a good investment. You can also decide the type of clientele you'll sleep with. I do.

Unfortunately, that doesn't happen for a lot of young girls with highly addictive personalities, using the sex industry as a quick fix. It's incredibly difficult to come back from years of self-destruction – that's why most find it so difficult to leave the sex industry.

But if you work independently like I do, you take on a little more risk. Sex is something that you can't always control, and you don't know

« Sex is something you can't always control, and you don't know whom you're going to open the door to. Luckily, I've never had a bad experience... »

whom you're going to open the door to. Luckily, I've never had a bad experience with a client. But I'm older than most, and I have a good perception of people. You're opening the door to a stranger, and where sex is concerned, anything can happen. However, I have never had anyone cross my threshold and abuse me or diminish me in any way.

I'm open to experimenting with most things, especially anal, and I have a lot of requests for role playing. Usually clients would like me to play a teacher, and they're the student – mostly men who are much older than me! They give you the exact details. Or they want to be dominated – even intimidated – and I have to laugh. But a lot of those men are men in power, like CEOs of major companies, and I guess they want to submit to someone else. They want to feel like they're being ordered to do something.

Sadly, even if prostitution is decriminalised in this county, that doesn't mean everyone will see it in a different light. They won't understand the girls who resort to sex work in order to pay for their studies, using it as a means to an end but then never going back again. It's not something you *have* to be damned to do for the rest of your life.

Independent escorts today have families and children. They go home, cook dinner and walk their dog. The modern escort has options. ■

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A QUICK CHAT WITH

MINDY KALING

From her own show to a starring role in a movie and a new book on the way, the 35-year-old tells us how she does it

YOUR PARENTS WERE BOTH PROFESSIONALS. WHAT LED YOU TO CHOOSE COMEDY AS OPPOSED TO A MORE STANDARD KIND OF CAREER?

I was a huge fan of *Saturday Night Live*. I was crazy about Dana Carvey and Adam Sandler, and then I would watch Conan O'Brien every night, and I loved what he did. Comedy struck a chord in me, and it was a way out of a lot of the sadness and confusion that I suffered from as a teenager.

YOU'VE JUST DONE VOICE WORK FOR THE PIXAR FILM *INSIDE OUT*. WHAT WAS IT LIKE PLAYING A CHARACTER WHO IS BASED ON ONE PARTICULAR EMOTION, "DISGUST", OF A YOUNG TEENAGER?

It was so interesting and a very daring kind of animated film. I found it fascinating that this wasn't a typical animated movie where the female character is often a princess or a fish or a witch. It's about a "real" girl called Riley and all the various emotions that were part of her journey towards finding happiness, as she moves to a new city and has a difficult time adapting to her new life. She doesn't have to save the day – she just has to find herself and her happiness.

DID YOU RELATE HER EXPERIENCES TO YOUR OWN EARLY TEENAGE YEARS?

I was very different. I had a melancholy way of looking at the world. In the movie, Riley is very well adjusted and active – she's good at sports – and more extroverted. I was very shy and sensitive growing up, and I wasn't the happiest teenager. I was very caught up and worried about how other people perceived me. I had a lot of issues to work out that were very complicated. Maybe I'm still working them out! [Laughs.]

PERHAPS YOUR GREATEST OR MOST IMPORTANT SUCCESS TO DATE HAS BEEN *THE MINDY PROJECT*. WHAT DO YOU THINK MINDY HAS MEANT TO WOMEN?

I think women can admire and appreciate Mindy's fearlessness. She has an inner confidence and resolve that allows her to move forward in her life and not be held back by a lot of self-created obstacles. A lot of her character comes from observing and

admiring my mother and what a strong character she had.

WHAT WAS YOUR RELATIONSHIP WITH YOUR MOTHER LIKE?

My mom and I were very close. We were soulmates. I admired her very straightforward approach to life. She didn't waste time agonising over matters. She would come right to the point and didn't suffer fools gladly. My mom had this amazing self-assurance and knew exactly how she wanted to live. Very few people have that kind of natural confidence. I really miss her.

DO YOU STILL SEE YOUR FATHER A LOT?

My father and I are the greatest of friends, and I can talk to him about everything. He's the kind of person you can always rely on. We carry on knowing that my mom would have wanted us to go on in our lives and take care of each other. That's really what families are all about.

CAN YOU TELL US ABOUT YOUR NEW BOOK, CALLED *WHY NOT ME?*

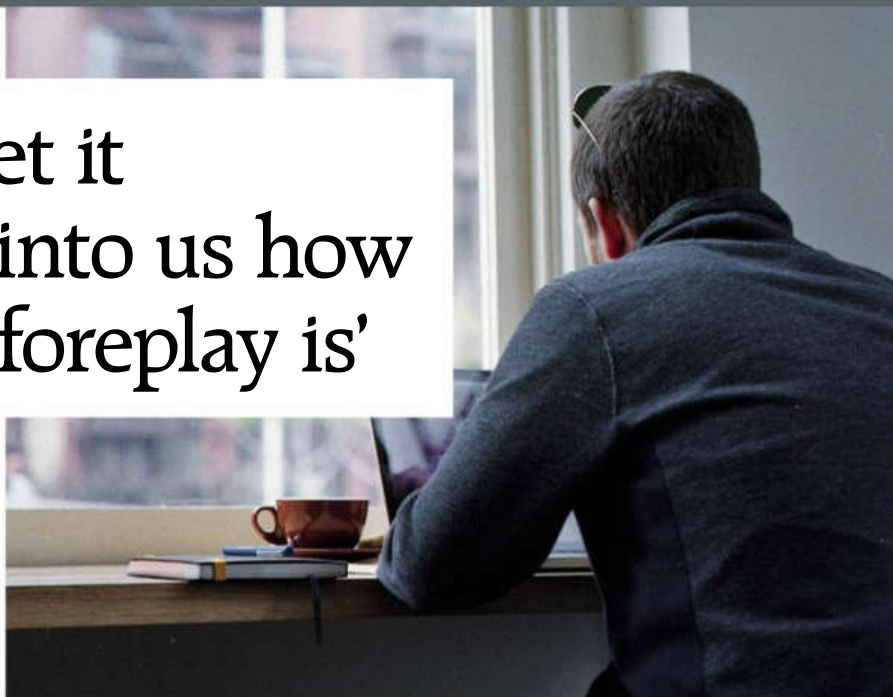
I'm probably more vulnerable and open about myself because people have come to know me better through *The Mindy Project*. I felt that this enabled me to talk about things I would never have wanted to reveal or get into if I didn't feel that I have a deeper connection with the public. I also think that I've had so much happen in my life in the last five years, compared to the first 30, that I needed to assess those experiences and try to put them into some kind of perspective.

WHAT DOES THE TITLE MEAN?

It has a double meaning. One involves my feeling awkward and left out when I see many of my close friends getting married and having kids – and I don't seem to be getting any closer to that situation. The other meaning is my wondering why I can't do certain things on TV or find certain roles, even though I'm aware that I'm a very unique presence when it comes to this industry. And it's probably remarkable that I've even been able to do this much! [Laughs.] ■

'We guys get it drummed into us how important foreplay is'

This week Barry Bradshaw is shocked to discover what women *really* want



IT'S NOT OFTEN I GET ANNOYED

by something a friend says, but this time it must have hit a nerve. She was talking about something else, and then mentioned that she'd been late for a function on the weekend because she and her boyfriend had been making love, and then she sighed and slightly rolled her eyes.

"What's that?" I said. "What's with the eye-rolling?"

"Ah," she said. "It's just sometimes, with all the foreplay, you just want to say, 'Can we get to the main part already, please? I haven't got all night.'"

I stared at her in astonishment.

"What?" she said. "Don't tell me you're one of these foreplay-all-night guys as well. Jeez, you boys need to realise that time is money."

That's when I became rather angry and said a number of heated and sarcastic things, because that's just not playing fair. We guys get it drummed into us, from the moment we're old enough to count past three, how important foreplay is. We get told over and over again that if we don't make the right investment in terms of time, enthusiasm, sensitivity, delicacy, technique and variety, so that our partners are worked up to a point of

frenzy before the action even really starts, that will mean we're selfish, chauvinistic, one-dimensional, unimaginative, Neanderthal and – worst of all – bad lovers.

Just writing that previous sentence made me flinch in the expectation that some feisty woman is going to narrow her eyes and say, "The fact that you think the action only really starts with penetration proves what a chauvinistic, one-dimensional, bad lover you are!"

It's a highly stressful set of expectations, especially when you're younger. First, you have to find a set of moves that actually work for you, involving fingers, lips, tongues and combinations of the above, plus all sorts of weird erogenous zones that some women find sexy but others don't. (Inner elbows? Armpits?!) There's a lot of fumbling, guesswork and scrutinising of love scenes in movies, then a lot of trial and error.

Then after that, you have to find a series of moves that works for your individual partner. What works for one person just doesn't work for someone else. I don't know why – presumably because all women are individuals and three-dimensional people, or something. This is not true of men. Men are pretty simple

and one-dimensional. We have some minor variations in taste – I don't know which dudes are roaming around encouraging women to suddenly stick a finger up their bottom in the middle of sex, but frankly that one should be on the "ask first" list – but on the whole what works for one guy will work for all of us, and frankly we don't really need much at all.

If it wasn't for being taught to do all that nuzzling and stroking and stuff, we'd be a lot more time-efficient, I promise you, which is why I became so outraged when my friend complained about it. "He's only doing it to please you!" I yelled. "He's being considerate! Believe me, he has better things to do!"

"But it doesn't have to be every time!" she said. "Why can't he mix it up a bit?"

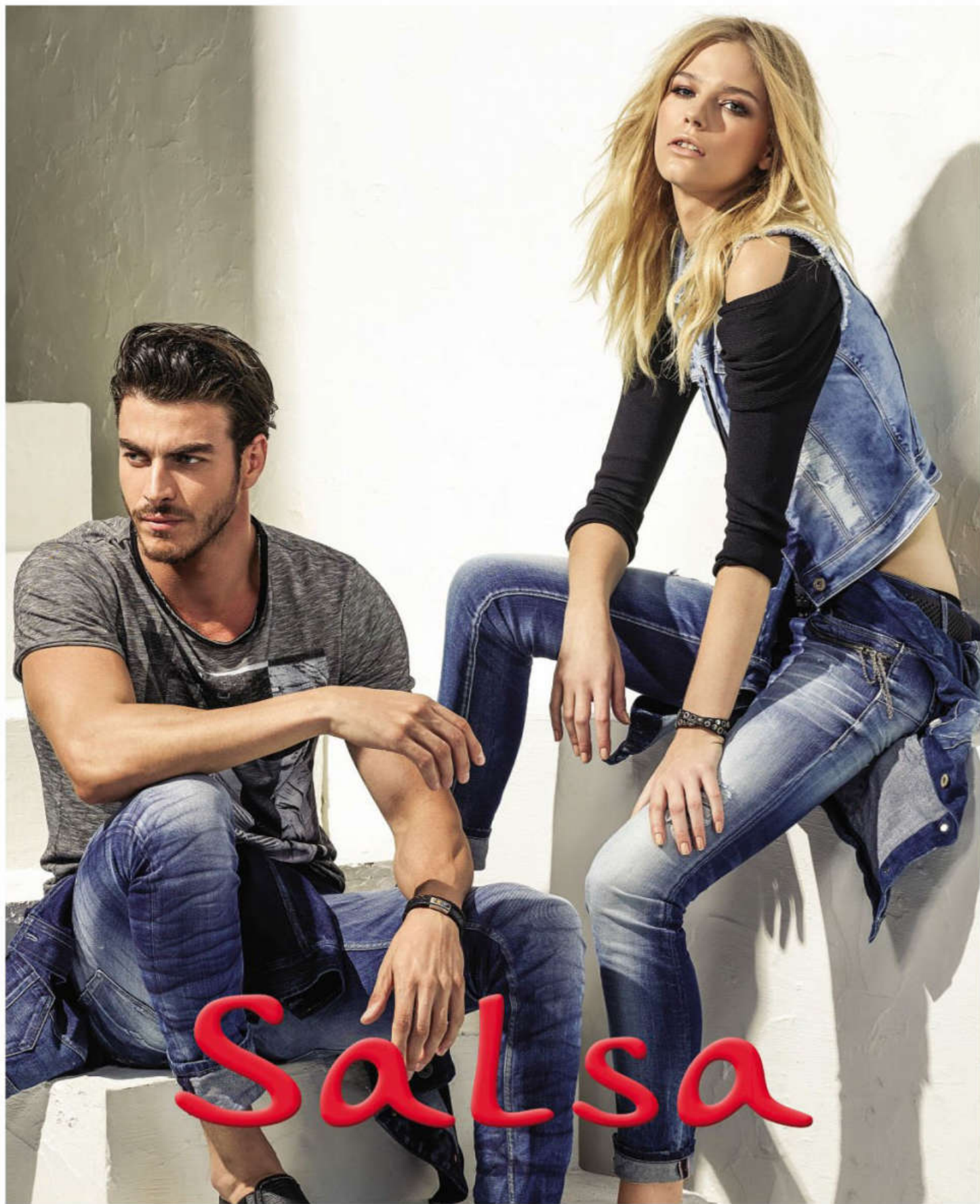
"Because you'll say he doesn't take your needs into account!"

"Why are you being so uptight?"

"I'm not being uptight! It's just impossible to please you people! And what are you smiling about?!"

"Wow," she said. "You really need to get laid." ■

NEXT WEEK: Barry asks if cheating is still cheating if it's away from home.



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your
card!



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your
rewards!

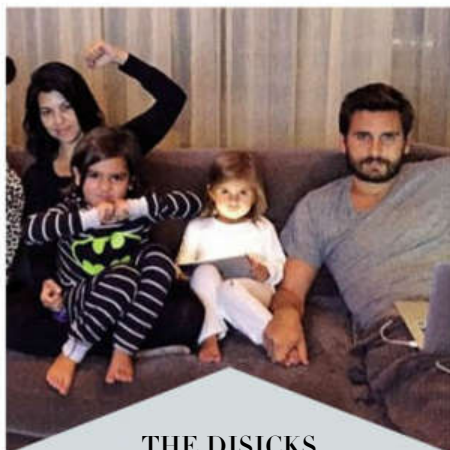
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From their own personal trainers, stylists and lawyers to multimillion-rand wardrobes... Say hello to the new generation of celebrity rich kids!

MOST OF US CAN ONLY DREAM

of landing with our bums in the butter – while working our tushies off to make ends meet. But these members of the toddlerati have had it easy from day one. Sometimes life just ain't fair.



THE DISICKS

AGES: Mason, five, Penelope, three, Reign, eight months

PARENTS: Kourtney Kardashian and Scott Disick

Kourtney may not drop millions on her trio like younger sister Kim, but she definitely still has more than enough cash to splash out on her babies. Along with her ex Scott's R165 million in the bank, Kourtney's net worth is an estimated R345 million.

For Penelope's first birthday, her doting mom created a whimsical garden party at grandma Kris Jenner's mansion, complete with piglets, a horse dressed as a unicorn and 30 huge balloons that cost R2 000 each.

Pricey toys fill the kids' bedrooms, and they also only wear designer clothes. Mason's costliest possession? A pair of R80 000 Gucci loafers – to match his dad's, we assume.



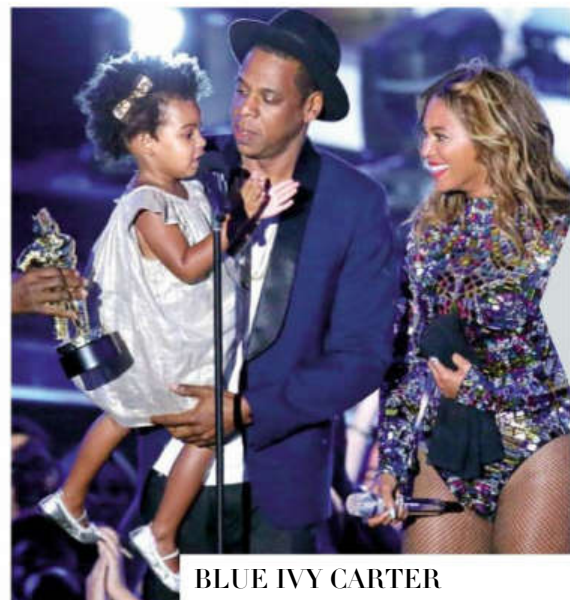
Spoilt rotten:

The billion rand celebu-tot club

AGE: Seven

PARENTS: Jennifer Lopez and Marc Anthony
At the tender age of two, J.Lo's twins graced their first fashion spread, when they posed with their famous mother for Gucci's children's line. Not only that, but the twins have also been spotted at Paris Fashion Week a number of times, with Emme decked out in R70 000 worth of Chanel – including a R4 200 brooch and a R29 000 bag.

Last year, the tykes were also seen on a shopping trip in Paris with their mom, and they apparently racked up a bill of R1 million on toys alone. And when Marc and Jen still lived together, Max and Emme apparently stayed in an entirely different wing of the house. They were also treated to 600-thread-count Egyptian cotton linens in their cribs and diamond rattles, along with a Shetland pony – each.



BLUE IVY CARTER



MAXIMILIAN AND EMMÉ MUÑIZ



THE JOLIE-PITT KIDS

AGES: Maddox, 14, Pax, 11, Zahara, 10, Shiloh, nine, and Vivienne and Knox, seven

PARENTS: Angelina Jolie and Brad Pitt
Raising six children isn't cheap, and there have recently been reports of the couple trying to limit expenses. Understandable, when you consider they spend around R140 million a year

on their kids, including R70 million on private jets and close to R27 million on tutors and nannies.

They also spent a reported R280 000 on Zahara's princess-themed fifth birthday party, R90 000 on a luxury river cruise for Pax's seventh birthday and roughly R10 million on Shiloh's impressive dirt-bike collection.



SURI CRUISE

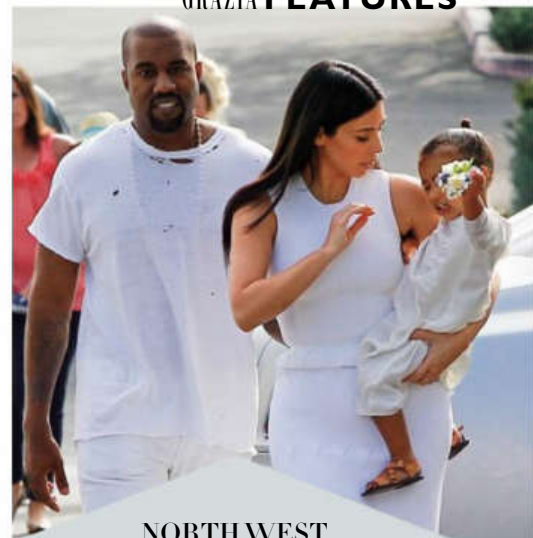
AGE: Nine

PARENTS: Tom Cruise and Katie Holmes
Suri's folks are worth an insane R6.3 billion combined, and the pre-teen has been living the good life since she was born.

For her second birthday party, TomKat spent a reported R1.4 million – including around R230 000 on flowers, R621 000 on food, R69 000 on a cake and R3 000 on cupcakes... For her fifth birthday, Suri's budget was reportedly a more modest R270 000.

Katie apparently purged her daughter's wardrobe recently, in a bid to get Suri to lead a more normal life. But before that, it included a R2 million shoe collection and a R28 000 Dolce & Gabbana trench coat.

But even though Suri is no longer wearing designer duds, apparently she still needs help in the fashion department. According to a source, "Suri has her own personal stylist to organise her outfits who costs R140 000 a month. Katie has even retained a lawyer just to concentrate on Suri." The kids in the playground had better watch their backs...



NORTH WEST

AGE: Two

PARENTS: Kanye West and Kim Kardashian
The tot may not have been around very long, but she's already enjoying the benefits of being part of Hollywood's most fame-hungry family. A little fashionista in her own right, Nori is regularly seen out and about in designer clothes and in the front row of big-name fashion shows.

Kim recently revealed: "Nori doesn't like pink or purple. She likes greys, creams, oatmeal colours and black. Every once in a while she'll add in some colour, like with her little red Air Yeezys, but other than that she likes to keep it pretty simple." Oh-kay...

Kimye, reported to be worth a combined R2.9 billion, have never held back on indulging her. Kanye dropped over R1 million on her last Christmas, with a R850 000 diamond-encrusted tiara, and a R165 000 toy SUV.

Nori is also said to have her very own personal trainer, chef, stylist and assistant. Shut the front door!

And by no means will the tot have any financial worries in the future: as soon as she turns 21, Kanye is planning to give her \$10 million (about R138 million).



THE BECKHAM BLOOD

AGES: Brooklyn, 16, Romeo, 13, Cruz, 10, and Harper, four

PARENTS: David and Victoria Beckham
Posh and Becks share a sweet R8.9 billion, and their kids are following their money-making example. Romeo is an established model – his campaigns with Burberry netted him R950 000 – and Brooklyn just graced the *Teen Vogue* cover.

Victoria and David love to shower them with

surprise gifts. For Brooklyn's sixth birthday, they spent close to R2.7 million on a 16-metre-tall brick playhouse and adjoining castle. They also bought their three boys a R690 000 treehouse and a R2.5-million playhouse.

Harper was in designer duds before she could walk, and her first birthday party cost R1 million. She's a FROW regular at high-end fashion shows and gets to call Anna Wintour BFF.

YOU THE FASHION JURY

OUR PANEL



KIRSTY BENNETT
Fashion buyer



RIZWANA VARIAWA
Grazia managing editor



MINNIE DLAMINI
TV presenter and actress

AND YOU
GIVE US YOUR CHIC
CRITIQUE EVERY
WEDNESDAY ON
THE GRAZIA SA
PAGE ON
FACEBOOK

Celebs were all about showing their abs this week. Who mastered the midriff flash?



DOUTZEN KROES

MINNIE

The sandals are fabulous – they're probably the only thing I like about this outfit.

★★★★☆

RIZWANA

Summer is here! How relaxed does the VS model look in her palazzo pants? Cool and classy.

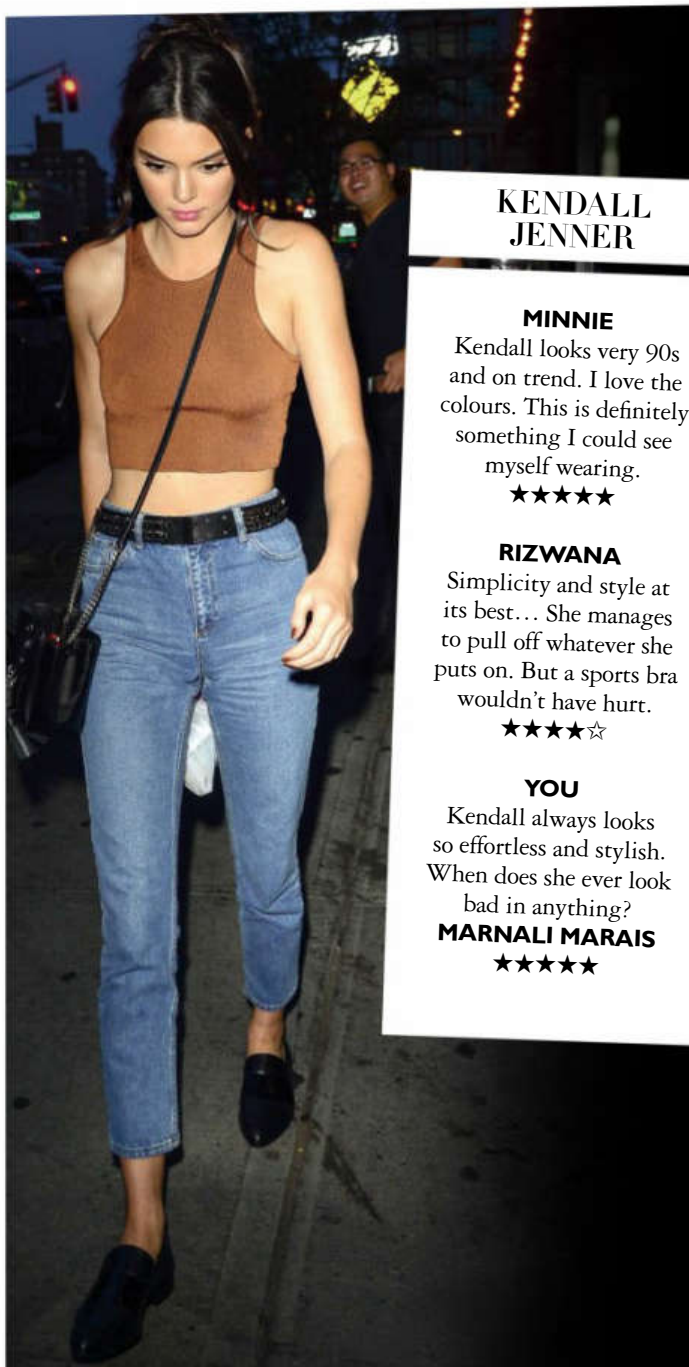
★★★★☆

YOU

She's certainly going for a retro look, but she should lose the hat.

JULIE BRAND

★★★★☆



KENDALL JENNER

MINNIE

Kendall looks very 90s and on trend. I love the colours. This is definitely something I could see myself wearing.

★★★★★

RIZWANA

Simplicity and style at its best... She manages to pull off whatever she puts on. But a sports bra wouldn't have hurt.

★★★★☆

YOU

Kendall always looks so effortless and stylish. When does she ever look bad in anything?

MARNALI MARAIS

★★★★★



**ANNA LYNNE
McCORD**



KIRSTY

AnnaLynne looks so chic in the blue body-hugging crop top and white pencil skirt. But the black heels are a bit harsh.

★★★★☆

RIZWANA

Her Perspex clutch is amazing – it complements the skirt and crop top perfectly.

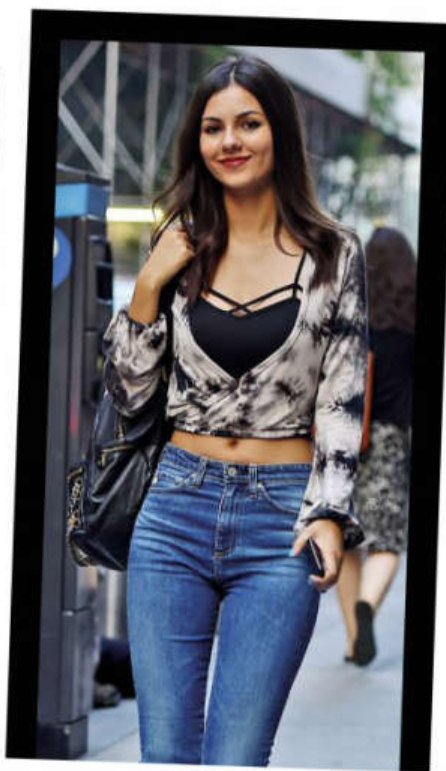
★★★★☆

YOU

The outfit is fabulous! However, the black shoes don't work – a pair of sexy nude heels would've been a better choice.

ANJA CRUSE-BOTHMA

★★★★★



VICTORIA JUSTICE



KIRSTY

Victory for Victoria! The high-waisted jeans are great for any occasion – and she kills it in this versatile street-style look. I adore the oh-so 70s platform heels, too.

★★★★★

MINNIE

Cool and chic. The chunky heels work perfectly with the denims. The outfit as a whole has been put together so well.

★★★★★

YOU

A very simple and sexy look for the actress, plus those shoes are amazing!

DOLLY ANGEL MAGOJO

★★★★★



BEHATI PRINSLOO



KIRSTY

Perfectly glam! Behati's palazzo pants give her a great boho look, and the pendant necklace really completes her ensemble.

★★★★★

MINNIE

The billowy pants and crop top combo is great, but she needs some solid colour to liven up the look.

★★★★☆

YOU

Behati looks incredibly boho chic with those on trend trousers.

LEE-ANNE STANTON

★★★★☆

SUMMER'S TOP 3 LOOKS

From relaxing on the beach to shopping and a hot date night, here are our fave looks for summer



LOOK 1

There's nothing better than basking in the sun in your cute bikini while sipping on a refreshing ice-cold McCafé Strawberry Frappé.



LOOK 2

We know, shopping can be thirsty work! Make sure you have a McCafé Chocolate Frappé on hand to satisfy your craving.



LOOK 3

Heading out for dinner with a hot date? Cool down with a chilled McCafé Latte Frappé.



McCafé

For a full list of McCafé restaurants, visit Mcdonalds.co.za

LoveLoveLove

Words: Caylee Pharoah. Styling: Caylee Pharoah; Barry de Klerk. Pictures: Roxanne Lindenberg. *Not all pieces pictured are part of the Love Bridge Collection.

ARM CANDY

Made from filigree sterling silver, precious stones and pearls, Thomas Sabo's new Love Bridge bracelets are best worn stacked together. Bracelets, from R1 980 to R5 580 each; charms, from R980 to R1 180 each; ring, R1 580*.



'Personalise your bracelet with a message of love, or simply engrave your name on the silver bar'

Kirsty Stoltz, Grazia fashion director



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WATCH HOW TO GET THE LOOK
You Tube HAIRMEETWARDROBE

THE FACE OF 2015

Drumroll please!
We scoured the country
for the winner of the
Grazia Model Search
competition, brought to
you by Toni & Guy at Clicks.
Turn the page to discover
which supermodel-in-training
will be making waves
in the fashion world

GET TWIGGY

*Grazia's Model Search winner,
Ashley Wagner, makes her
modelling debut in groovy
psychedelic prints, miniscule minis
and mod heels. Follow her lead*





Blouse, R100, skirt,
R90, **both Mr Price**;
bra, R799, **La Senza**;
belt, R499, **Guess**;
heels, R1 200, **Aldo**



THIS PAGE

Necklace, R1 450, **Kaika Jewellery**; dress, R559, shoes, R1 199, **both Zara**

OPPOSITE PAGE

Dress, R4 000, **Karen Millen**







THIS PAGE

Blouse, R799, **Trenery** at
Woolworths; skirt, R679,
Topshop; bag, R649,
River Island

OPPOSITE PAGE

Sunglasses, R4 549,
Chloé* at **Moscon**
Optics; dress, R879,
River Island

Sunglasses, R2 360,
Dolce & Gabbana* at
Luxottica; top, R899,
Guess; bra, R799,
La Senza; shorts,
R140, **Mr Price**; watch,
R735, **Swatch**





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Accessorize



SPRING SUMMER 2015

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Join the COLOUR ARMY

This season, join the rainbow nation and indulge in a little colour analysis. Here's our updated report on what's in store now – and what suits your sparkling personality best!

1 Accessorize, **R299** 2 I.D. Sarrieri at Net-a-Porter.com, **R7 969** 3 Foschini, **R599** 4 Colette Hayman, **R170** 5 Charles & Keith, **R649** 6 Karen Millen, **R3 900** 7 Mr Price, **R90** 8 Tuttolente by Retrosuperfuture, **R3 299** 9 Forever New, **R1 599** 10 Steve Madden, **R999**

ERDEM

SALVATORE FERRAGAMO

COLCCI

ONLY R90!

2



I Mr Price, **R60** 2 Vogue* at Luxottica,
R840 3 Accessorize, **R129** 4 Ackermans,
R60 5 Dune London, **R1 300** 6 Ted Baker
 at Stuttards, **R3 000** 7 Gucci, **R42 100**
 8 See by Chloé at Net-a-Porter.com, **R7 390**
 9 Colette Hayman, **R100** 10 Gino Paoli,
R570 11 Trenery at Woolworths, **R399**

1



3



4



5



6



7



8



9



10



11



ravishing in RED

The gal who favours red makes bold fashion choices. This confident woman loves to be centre of attention, never one to procrastinate. It's time to shop!

*Sunglasses model number: VO2959S_230814.

ORANGE

Lovers of orange, take note. You're warm and optimistic. Never one to shy away from a party, you're out most nights having a blast with your mates. This calls for a new pair of dancing shoes!



ONLY R159!



- 1 Mimco at Woolworths, R1 299
- 2 Dune London, R1 200
- 3 Mr Price, R120
- 4 Karen Millen, R3 800
- 5 Colette Hayman, R200
- 6 Mr Price, R70
- 7 Mr Price, R70
- 8 Superga, R600
- 9 Fashion Express, R159



Hello yellow

You're a spontaneous creative, always first with new looks. Our sources tell us you're a snappy dresser who loves quirky accessories! This is the sunshine shade, so it's time to fill your summer wardrobe with this happy hue.



2



3



4



1 New Look at Superbalist.com, **R399** 2 Mr Price, **R120**
3 Moschino at Net-a-Porter.com, **R14 050** 4 Ted Baker at
Stuttafords, **R2 800**

These shoes were made for walking...

Nothing livens up an outfit like a pair of bright shoes. Try these ones for size!



Pretty Ballerinas, **R3 900**



Zara, **R559**



Sam Star, **RI 395**

1



2



1 Topshop, **R679** 2 Trenergy at Woolworths, **R99** 3 Melissa Joy Manning at Net-a-Porter.com, **R70 947** 4 River Island, **RI 199** 5 Colette Hayman, **R400** 6 Revenge at Graziadaily.co.za, **R570** 7 Georgini, **RI 899**

enviously

GREEN

A nature-loving go-getter, you're compassionate and good to have around in a crisis. When it comes to fashion, you're not a risk taker. This season, invest in a new handbag and opt for statement accessories.

3



4



5



7



6



SON YUNG WAN



ERDEM



DIANE VON FÜRSTENBERG



Superga, **R650**



Charles & Keith, **R649**



Gucci, **R8 100**





3



- 1 Guess, **R1 999** 2 Fashion Express, **R159** 3 Mr Price, **R50** 4 Trenery at Woolworths, **R999** 5 Karen Millen, **R3 600** 6 Mr Price, **from R130** 7 Ackermans, **R100**

4



5



SUMMER BLUES

On the colour scale you rate as a conservative fashion lover. You prefer not to take centre stage, and your choices tend to be quite rigid. Go on, break the mould with a few brave buys!

1



2



6



7



passionately PURPLE

Ah, a gentle free spirit. We love you already. Your fans are drawn to your charismatic personality. Your visionary ideas encourage fashion-forward wardrobe choices. Hurrah!

KANE



BORA AKSU



ALBERTA FERRETTI



BURBERRY PRORSUM



2



3



5



4



6



7



8



9



SHOP THIS ITEM ONLINE AT
GRAZIADAILY.CO.ZA

1 Mr Price, **R120** 2 Diesel*,
R2 599 3 Jessica Simpson
at Edgars, **R1 299** 4 Pierre
Cardin, **R599** 5 Oscar de la
Renta at Net-a-Porter.com,
R8 280 6 Banana Moon,
R2 185 7 Ted Baker at
Stuttafords, **R1 900** 8 Next
at Graziadaily.co.za, **R399**
9 Asics at Asos.com, **R2 000**

MORE FASH, LESS CASH!

*Hot spring hits, landing in store
this week!*



THE FLORAL HEADBAND
Woolworths, R90



THE PRINTED SCARF
Exact, R89



THE SLEEVELESS
TOP
Jet, R110



THE SATCHEL
Ackermans, R100

Compiled by: Alannah Jones. Pictures: Supplied.



THE STRIPED SKIRT
Fashion Express,
R139

THE DAISY RING
Forever New,
R149



THE THONG SANDALS
Mr Price, R80



SHOP
THIS ITEM
ONLINE AT
GRAZIADAILY.CO.ZA
ADD TO CART



THE CHAIN NECKLACE
Style Republic at Graziadaily.co.za, R79



THE KIMONO
Shein.com, R185

THE CUTE SOCKS
Asos.com, R100 for
a pack of two





Flower Power

WE CLOTHED THE REIGNING MISS SA,
LIESL LAURIE, IN ZINGY FLORAL
PRINTS – PERFECT FOR SPRING

PHOTOGRAPHER **BIANCA THERON** / FASHION **KIRSTY STOLTZ**



Earrings, R299,
Jo Borkett; dress,
R150, **Mr Price**





THIS PAGE

Blouse, R459, skirt, R759, **both Zara**; bracelets, R340 each, **Tessa Design**; wedges, R599, **Call It Spring**

OPPOSITE PAGE

Earrings, R160, **Tessa Design**; cardigan, R299, **Mango**; maxi skirt, R1 799, **Jo Borkett**; heels, R499, **Call It Spring**



THIS PAGE

Blouse, R599,
Jo Borkett; shorts,
R679, **Topshop**;
bracelets, R340
each, **Tessa Design**;
gladiators, R649,
Call It Spring

OPPOSITE PAGE

Shift dress, R4 500,
Karen Millen



EDGARS

ALWAYS IN FASHION

Keep your safari look crisp by pairing a white shirt with chinos and accessorising with a tri-tone bag, sky-high espadrilles and gold jewellery!



River Island earrings,
R249



Accessorize necklace,
R199



River Island earrings,
R349



River Island crop top,
R549



Kelso soft blouse,
R299.95



Kelso shorts, **R699.95**



Kelso shorts, **R299.95**



'Wear a pair of great-fitting chinos to keep your look chic!'

Kirsty Stoltz, Grazia fashion director

Wear them with:



River Island fedora, **R479**



Dune London bag,
R999.95



Dune London bag,
R1 299.95



Jessica Simpson wedges,
R1 299



Jessica Simpson wedges,
R1 299

LoveLoveLove



'Add this serum to your morning and evening beauty regimen for bright and refreshed skin!'
Sinead Martin, Grazia beauty editor



ALOE, ALOE

The Vitalis Team Dr. Joseph Ultra 02 Hydration Serum, R1 049, combines natural ingredients, like aloe vera plant extracts, with the latest scientific skincare technology to intensively moisturise dry or rough skin.



*Grazia beauty editor
Sinead Martin
(mindfully) gets to
the bottom of her
dissociative eating –
with a few solutions
to boot*

Combat EATING AMNESIA



I'M A GIRL ON A MISSION to get bikini-body ready, since spring sort of sprung up on me, and suddenly, my arms and legs are being shown to the world again. So I've turbocharged my get-a-Karlie-Kloss-body goal. Thanks to the lighter mornings, the gym is seeing

me more often, I'm preparing lunches to bring to the office (mostly skinless chicken breasts and a whole lotta leafy greens) and "vino weekends" are being adjusted to "vino Fridays" – although, admittedly, I'm still working on this. But despite my efforts, there are still a few stubborn kilos that I just can't seem to shift. And then I realised why – I'm totally suffering from eating amnesia...



Every Tuesday morning, the *Grazia* team sits down for its weekly editorial meeting. We discuss everything, from the latest celeb news to crazy things our friends and families do, before we brainstorm on how to turn them into features. But that's not all. Editorial meetings are filled with yummy treats – chocolate digestive biscuits, gummy sweets, lunch bars (the Cadbury kind) and my daily must-have skinny cappuccino. Last Tuesday, as I passed the pot of gummy bears across to the person next to me, I discovered my own lack of willpower to refrain from sticking my hand in and pulling out my favourites. I'm sure I don't need to point out that gummy bears were not part of my regimented meal plan that day. Neither was the chocolate digestive biscuit I helped myself to later on...



I've tried a few different diets and eating plans, and writing things down – or keeping a food diary, as it's fashionably called – usually works. Planning is the most important action when it comes to living a healthy lifestyle. Planning what you'll eat, when you'll eat it and when you'll exercise. The problem with a food diary, however, is that it's simply offensive to ruin the perfectly structured pages with the addition of gummy bears. And if it's not recorded on the page, it doesn't count, right? Wrong. This is the first symptom of eating amnesia.

Clinical psychologist Dr Peta Stapleton (Petastapleton.com) explains that eating amnesia is more common than we realise. "People don't like to admit they've eaten more than they have 'decided' or allowed themselves to eat that day. It seems that if we don't sit down and eat food off a plate, we discount it."

And who hasn't eaten lunch at desk, and been so busy that you barely registered the food passing your lips? There's a term for this: dissociative eating. "It's defined as eating without realising. This happens because we're preoccupied with the TV or checking emails while we're eating, so the focus is not on the eating itself," explains Dr Stapleton.





*'If we can't
admit we're on
a diet (I blame
Gwyneth
Paltrow for
this), then how
can we expect
to stick to it?'*

Stress also acts as a major deterrent in weight-loss. Elevated levels of cortisol (the stress hormone) can actually lead to weight gain by messing with your metabolism. In a society where it's practically social suicide to admit that you're on a diet and not just "living clean", it's no wonder we're stressed. "Our focus has shifted to health and fitness rather than dieting. Now you're more likely to hear people insist they are 'being healthy' or 'being good this week' rather than trying to lose weight," continues Dr Stapleton. If we can't admit we're on a diet (I blame Gwyneth Paltrow for this), then how can we expect to stick to it? The solution is to cure eating amnesia and programme our brains to stop forgetting what we actually eat. >

Reboot YOUR FOOD MEMORY



There's an app for that



As with everything else today, there's an app (or a few hundred) to solve your problem. Multiple studies have shown that photographic food diaries can alter our attitudes

and behavioural patterns when it comes to food choices. The genius behind photo diaries is that it forces us to visualise the food before we eat it.

The My Diet Tracker app is a photo food journal that allows you to track your meals and snacks throughout the day. There's nothing simpler than snapping a quick picture of what you're about to eat – which will certainly assist with curing the convenient amnesia. Once you save the images in the app, it automatically orders them by the date and time in which the photo was taken. This is an incredibly simple way to review what you've had to eat that day and compare the reality with what you had structured in your meal plan.

Quit picking

Snacking all day is not a good habit, even if you only try and stick to healthy snacks. Don't keep a bag of nuts by your desk to graze on all day, and be careful of picking at fruit in-between meals. Rather plan your snack, and even go as far as setting a reminder on your phone if you have to. The general snack rule is to stick to one cup of fresh fruit or eat only ten to 15 nuts. Then take ten minutes to savour what you're eating. This way your brain can register what you've eaten, which will leave you feeling more satisfied and less likely to continue grazing.

Exercise is not a get-out-of-jail-free card

Going to CrossFit in the evenings does not give you the licence to eat a cupcake every night. Yes, eating after exercise can help your body to burn fat. But it's important to eat the right foods after a workout, as you only have a 20-minute glycogen window to restore your body to maximum efficiency. And remember, you can never out-train a poor diet.



Press repeat

It will take some time to train your brain to stop hitting the food delete button. Keep a photo diary, plan your snacks and make healthy decisions on a daily basis. Here's to sticking to mindful eating habits again, again and again! ■



'The general snack rule is to stick to one cup of fresh fruit or to eat only ten to 15 nuts'



IMMUNO SNOOZE

A new study has found that your immune system can be boosted just by clocking in a few extra hours of sleep – while a lack of proper slumber can be hugely detrimental to your health. After clinically administering the common cold to 164 people, scientists

discovered that those who slept fewer than six hours every night over the course of five days were four times more likely to be infected than those who slept seven to nine hours. The patients who slept less also struggled to fight the virus off more than those who got a good night's shut eye. Who said beauty sleep was a myth?

H₂O, STILL THE WAY TO GO

As bikini season creeps nearer, we're ditching fries for fruit kebabs to try get Kayla Itsines-worthy abs. Another useful trick? Drinking water before meals. Knocking back a couple of glasses before meals leaves less room for calorie-laden foods and leaves you feeling satisfied, even if you've cut portions sizes. What a simple solution!

Health & Self

We bring you this week's hottest health news



YOU NEED THIS STRETCH!

Keeping good posture while working at your desk is no easy feat. But the scary truth is that hunching over your keyboard all day can lead to rounded shoulders and a compressed spine. The cat-cow stretch pose will help improve spine flexibility. Start on your hands and knees, keeping your hands flat, with your wrists directly below your shoulders. While inhaling, push your tailbone up, and lift your chest and head. Then, as you exhale, curl your tailbone in, tighten your core and round your spine all the way to your neck.

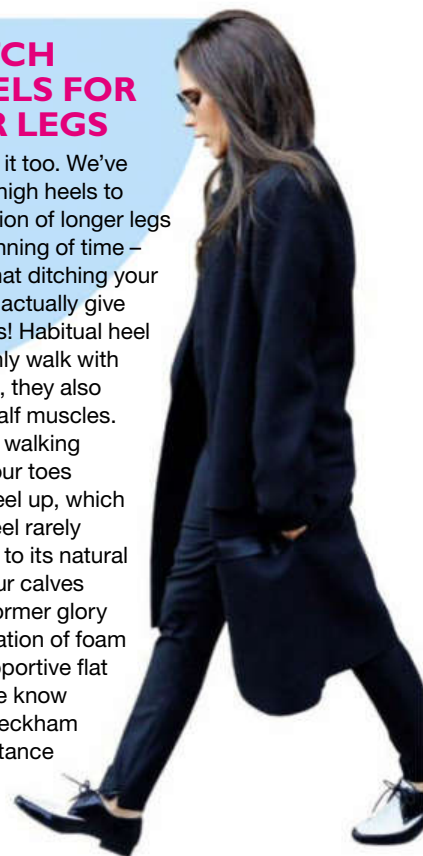
DESKFAST – SORTED

Does morning madness have you sitting down to unhealthy (but convenient) breakfasts at your desk? We're guilty too. Smoothie bowls, the latest and greatest in food trends, have your deskfast woes solved. Put half your smoothie ingredients into a blender and the other half into a bowl.



* DITCH HEELS FOR LONGER LEGS

Yes, we fell for it too. We've been wearing high heels to create the illusion of longer legs since the beginning of time – but it seems that ditching your stilettos might actually give you longer legs! Habitual heel wearers not only walk with shorter strides, they also have shorter calf muscles. It's all down to walking around with your toes pointed and heel up, which means your heel rarely gets stretched to its natural length. Get your calves back to their former glory with a combination of foam rolling and supportive flat shoes. Now we know why Victoria Beckham changed her stance on heels!



What's new
BEAUTIFUL?

PURPLE REIGN

It's no secret that colour is a big trend this season – and one look at the Derek Lam, Matthew Williamson and Vera Wang shows with their smoky grape eyeshadows, deep violet nail lacquers and bold plum lips left us in a purple haze. We're obsessed with these purple products...



1. Clarins Ombre Matte Eyeshadow in Ultra Violet, R270.
2. LCN Nail Polish in Nice To Meet You, Aquarius, R210.
3. Rimmel Exaggerate Smoke N' Shine Eyeliner in Purple Craze, R90.
4. Hannon Faces Gel Eye Pencil in Purple, R105.
5. BlackUp Le Khôl Smoky Waterproof Pencil in 301, R37.
6. Richmond 'X' Woman EDT 40ml, R495.
7. Palladio Lipstick in Wine Shine, R70.
8. Black Opal Color Splurge in Wicked Berry, R125.
9. Avon Ultra Colour Lip Crayon in Raspberry Rush, R130.
10. L'Oréal Infallible Plexi Nail Polish in Plexi Purple, R110.



The start of spring means blossoming flowers and a change of wardrobe, but it also brings

about a new range of external stressers that can affect our skin. With weather changes like stronger winds and increased temperatures, it's not unusual to experience breakouts, hay fever and eczema – along with tons of other discomforts. *Grazia* designer Denise Khoele shares her tips and tricks to survive the change of season

SPRING-PROOF YOUR SKIN



"The simplest way to ease dryness is to mix some glycerin or tissue oil into your body cream. The oil helps to lock the moisture in your skin and protects it from the dry winds." Try **(2) Clicks Glycerine**, R14, or **(4) Johnson's Pure Tissue Oil**, R70. "Cleansing oils help maintain your skin's natural moisture when you wash your face. **(3) M.A.C's Cleanse Off Oil**, R380, works wonders to remove unwanted grime without stripping your skin!" And although it feels as if there's not much you can do about your eczema, using a gentle body wash like **(5) Dove's Deeply Nourishing Body Wash**, R32, will help soothe your skin and keep it smooth. After showering, Denise recommends easing the itching with **(1) Vaseline's Intensive Care Aloe Soothe Cream**, R35. "Get rid of peeling skin by exfoliating with a light scrub. **(6) The Body Shop Spa Of The World Dead Sea Salt Scrub**, R275, has a refreshing scent and helps prepare your skin for moisture."

1

PUCKER UP

Guerlain's KissKiss Roselip Lipstick in Pink Me Up, R373, moisturises and gives that natural bitten-lip colour.

2

#LOVEYOURAGE

Lancôme Advanced Génifique Youth Activating Concentrate, R780, promises to bring back your youthful complexion in seven days.



BEAUTY CHARTS

Stuff to get

This week, we try out a new shade and work on our complexions

5

HEALTHY GRO

Budget-friendly Dr. Miracle's Hot Gro Hair & Scalp Treatment, R90, conditions *and* promotes hair growth. Score!

4

LIKE AN EGYPTIAN

With its salty vanilla accord and fresh floral notes, Paco Rabanne Olympéa EDP 80ml, R1 190, is the scent for a modern-day Cleopatra.



3

3-IN-1

Nivea's Perfect & Radiant Mattifying Cleanser, R80, is a powerhouse product your skin needs – you can use it to wash, scrub and apply as a mask!



WEEK IN

WEEK OUT

CULTURE INTERIORS TRAVEL FOOD



1 BE AMAZED AT

DANCE FOR A CURE

Sure, there will be awesome performances from ballerina Kristin Wilson and *Strictly Come Dancing's* Jeanne Swart and Grant Esterhuizen, but this year's gala performance at Gold Reef City's Lyric Theatre will also go towards distributing the cervical cancer vaccine to those in need. Double win. *September 30, Computicket.co.za*



3

3 LISTEN TO

RETRO DIZZY

We can't get enough of *Creatures Of The Black Desert*, the debut album from this surf/psych rock CT band. If you're heading to Daisies, make sure you check them out. If you live further north, they're touring soon. [Soundcloud.com/retro-dizzy](https://www.soundcloud.com/retro-dizzy)



2

EAT UP AT FÊTE DE LA GASTRONOMIE

There will be all kinds of delicious things to eat at White Light in Lanseria thanks to this year's celebration of French cuisine – especially as Forum chef Arno Boshoff will be making all the food from locally sourced ingredients.

September 27, Webtickets.co.za



4

SET THE PVR FOR THE FIXER S5

In a new season super-fresh from America, Olivia Pope and the gang are back to do what they do best: damage control. Except when it comes to their personal lives... That stuff is still crazy as hell. *Begins September 28, 8.30pm, M-Net*

5 EAT ALL THE CHEESE AT DURBANVILLE HILLS

Cheese and wine are exactly what will be going down at the Durbanville Hills Wine Estate in CT when chef Louisa Greeff whips up a three-course meal with these star ingredients. *September 30, Durbanvillehills.co.za*



8 ROCK OUT AT KRANK'D UP

With Alaska's 36 CrazyFists (pictured) and Monuments from the UK headlining, and the likes of Van Coke Kartel and Zombies Ate My Girlfriend on the bill too, rock fans will be in for a treat at this one-day music fest at Sundowners in Alberton, Jozi. *September 26, Computicket.co.za*



6

WATCH THE INTERN

Get ready to start loving Anne Hathaway again. The girl we fell for in *The Devil Wears Prada* is back – except this time, she's the boss! And a 70-year-old Robert DeNiro is her new intern... Written and directed by rom-com legend Nancy Meyers, this one will get you right in the feels. *Opens September 25*



7

DIG IN AT THE DURBAN STREET FOOD FESTIVAL

Besides getting the chance to chow down on the best food Durban has to offer at 8 Morrison Street in Rivertown, you'll also be treated to performances from the likes of Veranda Panda, Disco Dragon, Bhashkar, Bradley Downs and Aewon Wolf. *September 24 to 27, Durbanstreetfoodfestival.co.za*

9



CHECK OUT THE ARTSCAPE HERITAGE FEST

If you're in Cape Town, make your way to the Artscape Theatre Centre for performances from Freshlyground's Zolani Mahola, Karen Zoid (pictured) and soprano Zanne Stapelberg. *September 24, Artscape.co.za*



10

LOCAL IS LEKKER AT SHIMMY BEACH

The Cape Town hot spot will be opening their doors for free in order to invite you to shop at their carefully curated market, where every seller will be offering something local. Chef Adrian Cook will also tempt you to try boerewors rolls, pancakes, pizza and crayfish. *September 24, Shimmybeachclub.com*

HERE COMES *October!*

*The trends
to try*

*The looks
to rock*

HOW TO NAIL
THE NEW
MONTH IN NEXT
WEEK'S

GRAZIA
SOUTH AFRICA



Picture: Tina Luther.

10 QUESTIONS

These are the questions you need to ask to really get to know someone. We found out that CT-based singer and actress Lana Crowster tries to find a silver lining to almost every cloud and has always been a team player

WHO ARE YOU CLOSEST TO?

My brother Lindsay, my cousin Aimee and my bestie Sade. They are my people.

spending quality time with my friends and family also result in high levels of happiness. Where there's love, happiness lives.

WHAT IS YOUR EARLIEST MEMORY?

Supporting my mom, dad and brother at sports events every Saturday morning. I was either on a rugby field, a netball court or a soccer field... And I mean literally. I was always trying to be part of the team!

WHAT ARE YOU BEST AT DOING?

Spreading positivity. Everyone deserves to feel good about themselves. It's important to share the love.

TELL US SOMETHING ABOUT YOU THAT WILL SHOCK US...

My curls are real!

WHAT IS YOUR BIGGEST FEAR?

Failure.

WHAT IS YOUR GREATEST REGRET?

I should have travelled in my gap year.

RELAXATION IS...

Important! It's tricky when you're working towards a goal and you want to achieve it as quickly as possible, but you need balance. And by balance, I mean yoga! [Laughs.]

WHAT'S THE ONE THING YOU'D CHANGE ABOUT YOURSELF AND YOUR LIFE?

My tendency to overthink. It sometimes gets in the way of me living my life and moving forward, but it does make great lyrical content for songs.

WHAT DO YOU VALUE MOST IN A PARTNER?

Understanding, loyalty, humour, ambition and selflessness. Don't be stingy with cuddles...

WHEN DID YOU LAST FEEL REALLY HAPPY?

I'm always happiest when I am on stage performing. That said, travelling and

Lana's latest single, Love Came Down, is available on iTunes. You can find Lana on Facebook at Facebook.com/Lana.Crowster, and you can also follow her on Twitter and Instagram @lanacrowster

YOU NEED TO WATCH:

Crossing Lin

He may have met his demise in the first season of *Extant*, but Goran Visnjic lives again as the new sheriff in town tasked with keeping European borders safe in the third season of *Crossing Lines*. Here he tells *Grazia* about racing around the streets of Prague, helping Interpol catch ivory smugglers and his new BFF, Donald Sutherland



Top: Goran Visnjic as John Woods in season one of *Extant*. Above: Goran with Elizabeth Mitchell in *Crossing Lines*

WHAT DO YOU LOVE MOST ABOUT GETTING TO PLAY A GUY LIKE MARCO CORAZZA?

It's a lot of fun! For example, production closed the streets of Prague on a Sunday morning and allowed us to drive Alfa Romeos really fast around the city. If you can do that in a controlled environment, without worrying that someone is going to jump in the road or police are going to stop you or anything, it's an adrenaline rush. There were quite a few fight scenes and a lot of action scenes, which are always cool and fun to be a part of.

HOW GREAT WAS IT TO BE ABLE TO FILM IN PRAGUE?

The city itself is just simply amazing – and I have been to a lot of cities. Essentially, Prague is one of the most beautiful cities in Europe. From the rivers to walking the bridges, the countryside and around town, it was just incredible.

HOW DID YOU PREPARE YOURSELF FOR THE ROLE?

I watched the two previous seasons of the show, of course. I also gained experience through working with Interpol and the International Fund for Animal Welfare, trying to stop illegal ivory smuggling from Africa to Europe – which is pretty close to what Marco does on the show.

WHAT DID IT FEEL LIKE, BEING ONE OF THE NEW GUYS ON SET?

There were a couple of new people. Elizabeth Mitchell [Juliet from *Lost*] and I came from the States. The only people who were on the show

originally were Donald Sutherland and John Lynch. The new guys actually felt like the majority – not minority. [Laughs.]

WHAT WAS THE BEST PART ABOUT WORKING ALONGSIDE DONALD SUTHERLAND?

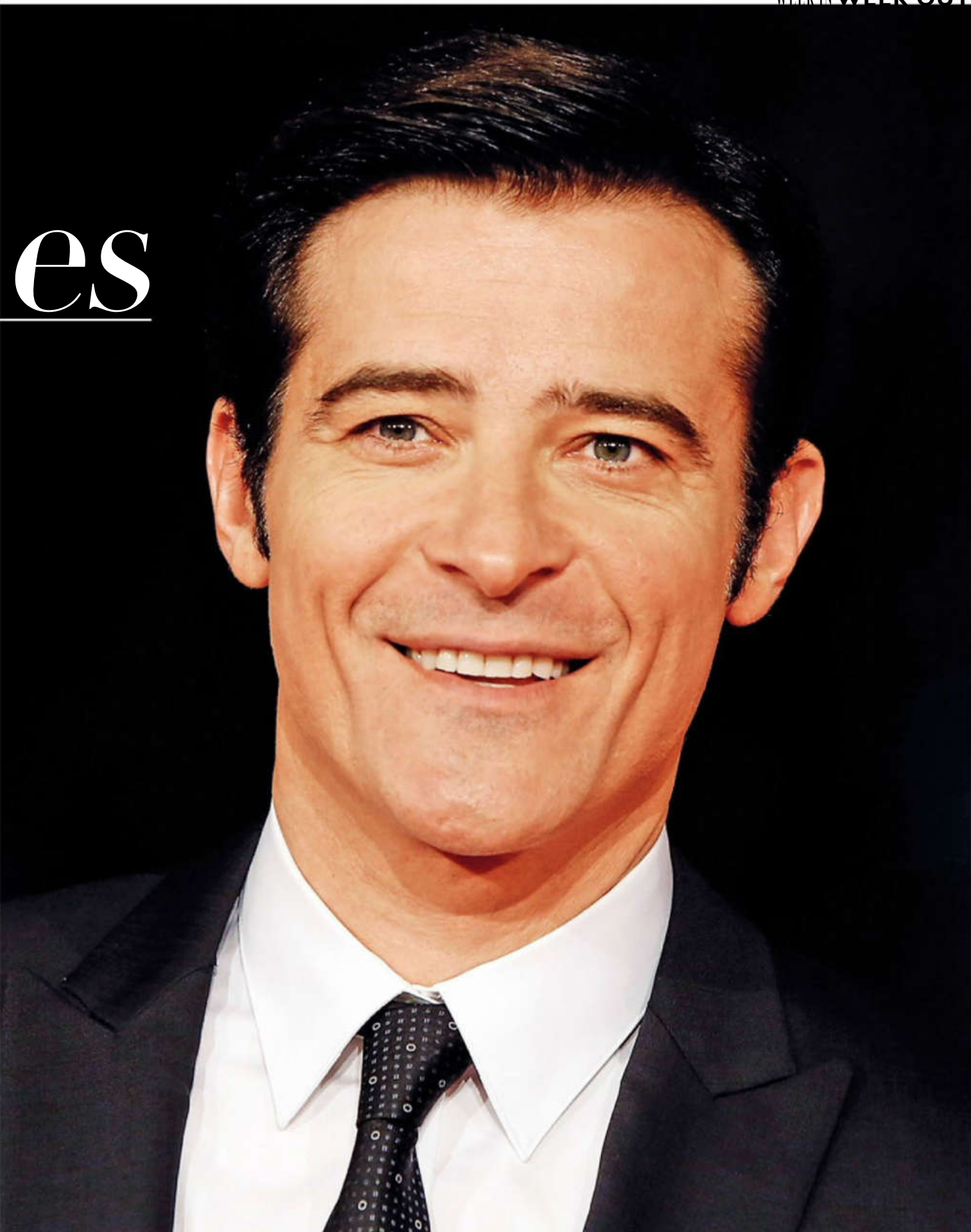
He's a gold mine of information. When I was a young teenager, Donald was at the prime of his career, and I recorded all his greatest movies. One of his movies that stood out for me was *Kelly's Heroes*, and we started speaking about the movie being shot in Croatia. We were told by the producers that we would be shooting at the same location in Croatia for two weeks, the same area that he shot his movie. One day I went to pick up him and his wife, and I took them to the same city – the one that he was in half a century ago – and we met with people who are now older but were young children at the time when he was shooting, and they remember him giving them chocolates. He's a true gentleman, and it was a great experience working with him.

DO YOU MISS LIVING IN CROATIA?

Actually, I was there about a month ago. Normally we go once a year, as my family, brothers and my in-laws all live in Croatia. My son is there at the moment. We try to maintain the ties with our kids and Croatia. As they say, "Home is where your family is."

Don't miss Crossing Lines S3, Tuesdays at 8.55pm on Sony Channel (DStv 127)

es



Shut up and DANCE!

With spring in the air, we've strictly got dance fever. Here are our top six dance destinations where you can get your groove on by learning to squeak some tekkie like the locals!

Words: Sonja Raath. Pictures: Gallo Images/Getty Images.



Lord of the dance

WHERE: Dublin, Ireland

WHAT: Irish dancing

Ever been to one of Michael Flatley's shows and wished you could defy gravity like some of the gorgeous Riverdancers? While you probably won't find any place to learn hard-shoe Irish dancing during your trip, you'll find plenty of places where you can learn ceili dancing (popular folk dancing). The best place to pick up a few steps is at a local festival (Discoverireland.ie), or at a dance class (Ceili.ie) for about R150 a lesson. We'll raise a Guinness to that.

Shake your tailfeather

WHERE: Rio de Janeiro, Brazil

WHAT: Samba

It's the ultimate party dance – just ask Rihanna. The best way to learn the fun, fast steps of the samba is by getting your groove on and shaking your tail feather with two million revellers at Rio's fabulous annual carnival (Rio-carnival.net) – it's about R218 a ticket. Or take in the fierce competition at the G.R.E.S Estação Primeira de Mangueira samba school (Mangueira.com.br) for around R300 a lesson. Festa time!



One, two, three waltz!

WHERE: Vienna, Austria

WHAT: Viennese waltz

It's the world's oldest ballroom dance – and one of the most elegant. Vienna has hundreds of balls over a three-month period where you can waltz the night away and feel like a real-life princess. For a proper Venetian experience, we suggest you buy a ticket to the Imperial Ball (Hofburgsilvesterball.com) at the Hofburg on New Year's Eve for around R860, or the opulent Opera Ball (Wiener-staatsoper.at) on 31 January for R4 500. Ballgowns and masquerade masks are a must!



Empire state of mind

WHERE: New York, USA

WHAT: Foxtrot

As if you needed more reason to visit the Big Apple... We suggest you pack your dancing shoes, so you can learn to boogie to the city's unofficial anthem, just like Frank Sinatra did back in the day. There are dance studios across the city – like the world-renowned Stepping Out Studio (Steppingoutstudios.com) – where you can enrol and practise your slow, slow, quick, quick, slow dance moves for around R280 for a 30-minute lesson. Also, dive into a Broadway theatre show like *Watch Your Step* for a glimpse into the dance's early days (visit Broadway.com to see what shows are on). The big lights are sure to inspire you!



Don't cry for me, Argentina

WHERE: Buenos Aires, Argentina

WHAT: Argentine tango

Originating in the lower-class districts of Buenos Aires, the Argentine tango is probably one of the most sensual dances of its kind. If you want to experience the real deal, head to the neighbourhood milongas (dance venues) where local men will be lining up to take you for a spin. Need inspiration? Watch intertwined dancers in action at the Confitería Ideal (Confiteriaideal.com) or La Catedral del Tango (Lacatedralclub.com). Entry costs about R280.



Havana good time

WHERE: Havana, Cuba

WHAT: Salsa

There's a reason *Dirty Dancing: Havana Nights* was set in this historic city. The colourful buildings, vintage cars and spur-of-the-moment street fiestas will have you shaking your booty in no time. Learn the basics of sexy salsa at the Mily Dance Academy (Milydance.com) for about R400 a lesson. Step to it!



A little *spring* satisfaction

Spring has arrived, and it's time to ditch the plain old Greek salad and water. Get a little creative – and have some fun with your food!

Don't make your salad an afterthought when it can be the main event! With some greens, out of the ordinary toppings and a delicious dressing, you've got yourself a winning combo.

MIXED BERRIES AND PUMPKIN SEED SALAD

Ingredients:

crisp butter lettuce, roughly torn
rocket, roughly chopped
feta, cubed
avocado, destoned and sliced
cucumber, thinly sliced
spring onions or red onions,
finely chopped
olives, whole
cherry tomatoes, whole
strawberries, topped and halved
dried cranberries
pumpkin seeds

Method:

Place all the ingredients in a bowl, and toss together.





INFUSED WATER

Delight your taste buds and enhance your health this spring with infused waters. You'll be drinking more water without even realising it! We all know we need to drink more water in warmer weather, but glass after glass of plain old H₂O can get boring. Infused waters are a tasty way to quench your thirst without any nutritional drawbacks. Let slices of fruit and fresh herbs sit in water in the fridge for a few hours, and voilà – a healthy alternative to plain water. Here are three delicious fruit and herb combinations to get you started:

Lemon, lime and mint

Strawberries and mint

Oranges and basil

ONLY
R70!

Sheet Street, R70

Lay down a few statement rugs for comfort and style. It's time to brighten up your living areas with stripes, colours, textures and patterns

Hertex Fabrics at
Superbalist.com, R5 699

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from R2 500

Hot trend: patterned rugs

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Shagadelic.co.za,
from R7 950

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Words: Alannah Jones. Pictures: Supplied.

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By Orli Lysen

ARIES *March 21 – April 20*

Just when you thought you had relationships all worked out, Mercury, the mind planet, makes you think again. It might be you, or it could be a love or work connection who has decided to think things over, take a break or take a step back. By next week you'll have the time and energy you need to get your career, resources and love life on the right path.

TAURUS *April 21 – May 21*

If you've been struggling with fitness lately, this week gives you a chance to review the situation, as Mercury retrograde sets you on the road to well-being. It needn't involve pain and deprivation, and the same goes for work if the more you struggle, the less headway you seem to make. Change your approach to both now, and you'll soon see everything change.

GEMINI *May 22 – June 21*

An important conversation needs to happen now as your ruler, communications planet Mercury, is officially in reverse (or retrograde) and up against stern Saturn in your relationship zone. It's an ideal time to get to the bottom of an issue that's resurfaced to rile you, or one that never really went away. This time around you'll get clarity and closure.

CANCER *June 22 – July 23*

Silence is golden. Remember that this week if you're tempted to talk non-stop about a tricky situation. While it's wise to look at things from every angle, nit-picking won't make it better, but doing something constructive about it will. The chances are you'll change your mind later now that Mercury's in retrograde, so be selective about which battles to fight.

LEO *July 24 – August 23*

While you love to be the leader of the pack, and Mars and Venus in your sign give you the star quality to do just that now, it's too easy to overwhelm your friends and allies. So, while it's nice to be important, it's also important to be nice. Look beyond the superficial to help you turn around a scenario connected to romance and finance at last.

VIRGO *August 24 – September 23*

A new sense of freedom and expansion are part of this phase for you now that you're playing host to Jupiter. You might be tempted to be reckless or just feel overwhelmed by the many options opening up for you, so with Mercury now in reverse, your values and the way you spend, live and love are all up for review. This week brings a real need to focus on what you do with your money.

LIBRA *September 24 – October 23*

Plans may be subject to change now that Mercury, the mind planet, is in reverse or retrograde in your sign. It's a perfect time for a life rethink but possibly not so good for a drastic image update unless it can be altered easily once Mercury moves forward in October. One major change for the better now is your home life, which is about to be transformed.

SCORPIO *October 24 – November 22*

This is often a low-key time of year for you, before the sun enters your sign, so use it to reflect on recent events. Your career benefits from Venus and Mars as your personal PR planets now, or they could kick-start a work-related romance. As the week closes, you'll be able to express thoughts that, for too long, have been hard to find the right words for.

SAGITTARIUS *November 23 – December 22*

Friendships and plans may appear to be off kilter now as Mercury turns backwards until late October. Allow extra time for travel, and double check all arrangements to meet up, as communication glitches are more likely to occur. On the plus side, money matters are about to improve and issues with family or living arrangements get less intense now too.

CAPRICORN *December 23 – January 20*

This week you may see some very personal situations start to change. Pluto, planet of transformation, has been in reverse in your sign for months, adjusting your style and outlook. As Mercury goes into reverse in your career zone now, this is where the next big rethink is required to align your work and income with whom you're becoming, not whom you were.

AQUARIUS *January 21 – February 19*

You've had a lot on your mind lately, but recent fears and concerns can be turned into useful life lessons now – and in the weeks to come. You'll also be re-evaluating your long-held beliefs, rethinking a legal situation or returning to a place you loved. Ideally, you'll do these with someone you love, as your relationship stars are spectacular this week.

PISCES *February 20 – March 20*

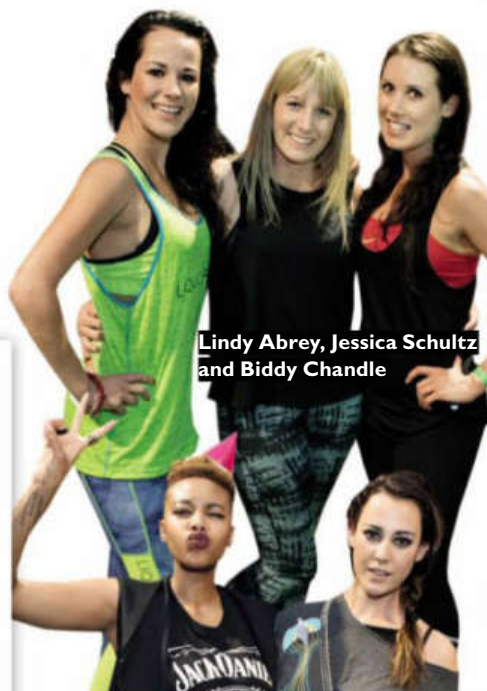
Matters linked to money or a complicated relationship could spring up now. See it as a chance to get things straightened out. There's a sense of freedom and happiness linked to this, so a positive approach will benefit all concerned. Work might seem like heavy going, but friendships and collaborations are the best they've been in ages.

PARTY PEOPLE

*PLACES to go,
THINGS to do,
PEOPLE to see*

Boing!

Why do all these people look so happy? It might be the combo of raising funds to put an entrepreneur through school and... trampolines! That's right, DJ Fix's obviously named Fix Scholarship fundraiser took place on the jockey's birthday at the new-to-Joburg trampoline park Bounce. And bounced we did – off the walls, in the closest we'll ever get to being gravity-free. Brill.



Lindy Abrey, Jessica Schultz and Biddy Chandle



DJ Fresh



PH Madubela



Rob Forbes



Luthando Shosha and Jay Anstey

WHAT Fix Scholarship fundraiser
WHO DJ Fix, DJ Fresh, Jay Anstey
WHERE Bounce trampoline park, Joburg



Jonathan Boynton-Lee, Danine Naidoo, DJ Fix and Siya Sandweni-Fynn

Pictures: Anthony Churchyard.

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PARTY PEOPLE

*PLACES to go,
THINGS to do,
PEOPLE to see*

Lily Donaldson and
Joan Smalls

Elaina Watley and
Victor Cruz

Chris Rock

Off the runway

RiRi kicked off New York Fashion Week with a fabulously decadent party at the New York Edition hotel for a host of her A-list pals. Everybody's favourite bad girl looked gothic chic with a choker and ice blue lipstick, while other guests went all-out glam or casual and comfy. South African export Candice Swanepoel looked über-cool in her leather jacket – but we are biased...

Rihanna

Coco Rocha

The Weeknd

Candice Swanepoel

Katia Kokoreva

Wiz Khalifa

Gigi Hadid

Kayla Lewis

Jeremy Scott and model

Timbaland

Pharrell Williams

WHAT Rihanna's NYFW party
WHO Candice Swanepoel, Gigi Hadid, Pharrell Williams, Wiz Khalifa, Chris Rock, Joan Smalls, Kanye West, Kim Kardashian
WHERE The New York Edition hotel

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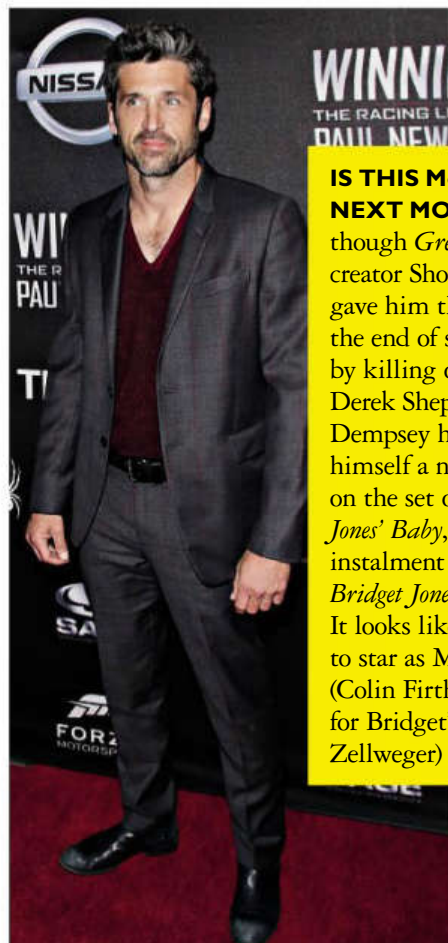
And finally...



Brooklyn has a new GF. Step aside, Chloë Grace Moretz – it seems Brooklyn Beckham has fallen for the charms of 16-year-old French actress Sonia Ben Ammar (above). The pair apparently fell for each other earlier this year when they were on holiday with their families in the Maldives, but Brooklyn, 16, made their couple status official last week when he uploaded two snaps of Sonia to his Instagram account.

BELLA HADID AND THE WEEKND WENT

PUBLIC. Rumours of their relationship have been rumbling for four months now, but it wasn't until Bella, 18, stepped out hand-in-hand in NYC with The Weeknd (real name Abel Tesfaye), 25, that we got confirmation. "Bella is head over heels for Abel," a source close to the couple said. "They have a pretty wild time together. It's everything you'd expect from listening to his songs."



IS THIS McDREAMY'S NEXT MOVE?

Even though *Grey's Anatomy* creator Shonda Rhimes gave him the boot at the end of season 11 by killing off Dr Derek Shepard, Patrick Dempsey has found himself a new home on the set of *Bridget Jones' Baby*, the third instalment of the *Bridget Jones* franchise. It looks like he's all set to star as Mark Darcy's (Colin Firth) rival for Bridget's (Renée Zellweger) heart...

PINK DOLPHINS ARE REAL! Or at least they are in Louisiana. A fishing boat captain was lucky enough to spot "Pinkie" swimming along in the Calcasieu River. Pink dolphins are originally from the Amazon River, and it's believed that there are only a couple left in the world. This is probably the only one in the US.



Our lives were flipped, turned upside down 25 years ago. That's right, this week marks the 25th anniversary of *The Fresh Prince of Bel-Air* – the show we have to thank for introducing us to Will Smith, a fast-talking teen from West Philadelphia who makes the move to his aunt and uncle's mansion in California. With the love for the Banks family still running strong, 46-year-old Will is apparently in talks to reboot the series.



THIS BRAZILIAN TATTOO ARTIST IS CHANGING LIVES. For the past two years, Flavia Carvalho has been working with the scars of violence and illness by covering them with beautiful, intricate tattoos in a project called The Skin of the Flower. She does it for free. The project started when a woman came in to cover the switchblade scar she was left with after a man stabbed her for turning him down.



'HIPSTER BARBIE' WILL MAKE YOU LOL. Sick of seeing contrived Instagram posts filling her feed, an anonymous wedding photographer created the parody account Socialite Barbie. "People were all taking the same pictures in the same places, using the same captions, so I thought, 'What better way to make my point than with a mass-produced doll?'" she asked. #Love



Kate Moss inspired a LFW cocktail. In honour of Mossy's fave phrase, which she reportedly used on a flight attendant when she was thrown off an Easy Jet flight in June – London's Riding House Café has created the "Basic Bitch", a mix of rum and Vermouth, in time for London Fashion Week.

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TO WIN

SMS "ACCESSORIZE", YOUR NAME AND EMAIL ADDRESS TO 35402. SMSes cost R1.50 per entry. The winner will be selected at random from all the entries received by the closing date. Lines close at midnight on Sunday September 27 2015. Entrants must live in South Africa. For terms and conditions, visit Graziadaily.co.za. **Winner of the La Senza giveaway in issue 164: Claudia Hendricks**

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